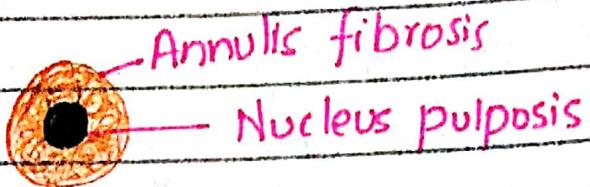


DISK SLIP OR SLIPPED DISK OR HERNEATED DISK

The intervertebral discs consist of two parts:



Normally more disc slips are in the neck region and last vertebrae (Between lumbar 5 and sacral 1 vertebrae)

The disc slip usually ruptures due to:

1. Stress
2. Aging

The annulus fibrosis part ruptures and the nucleus pulposus which is a jelly like fluid releases in the surrounding tissues which creates pressure on spinal cord and nerves and the individual feels severe pain in the region which is controlled by the nerve