

Pak International Medical College Department of Medical Education

5th Year MBBS End of Block-N Exam (Theory Paper)-2024

Start Time: 9:00-11:00am Time Allowed: 2 hours Date: 03/05/2024 Instructions:

- Not coestion carry equal marks.
 Write down your roll -number & name in the relevant spaces & box.
 Also fill the relevant bubbles for roll-number correctly in OMR Sheet.
 Cancidates are allowed to use Blue/Black ball points only, use of lead Pi
 strictly prohibited.
- Ensure that selected but
- Do not Bend, fold or Staple the OMR Sheet. Cell phones and others electronic devices are

Note: In case of filling of more than bubbles or



- Non booked, Gravida 10, Para 9, patient who didn't took any folic acid supplements during pregnancy, comes to antenatal clinic at 12 weeks of gestation with ultrasound showing some abnormality, which congenital abnormality can occur in this baby due to folic Acid deficiency
 - a. Cardiac defects
 - Neural tube defects
 - Retinopathy
 - Renal failure
- Gravida 6 Para 5 presents to emergency department with complaints of shortness of breath on exertion and fatigue. On examination she is pale, investigations show ,hemoglobin of 6gm/dl ,what complication can occur in this patient
 - a. Respiratory distress syndrome
 - b. Renal failure
 - Diabetes mellitus
 - High output cardiac failure
 - stroke
- The main cat-ion in the intra cellular fluid is:
 - Sodium
 - Potassium
 - Cholride.
 - Phosphate
 - Bicarbonate
- Parenteral nutrition should be employed only when:
 - The patient is 40 years old.
 - The patient is in respiratory failure.
 - GIT cannot be utilized for oral feeding.
 - The patient is in post-operative period.
 - The patient is in pre-operative period.

- What information must be included in the informed
- The cost of the procedure.

 The education background of the operating.
 - The risks, benefits and alternatives of the procedure
 - Food arranged facility at hospital.
- Which of the following is the strongest barrier to an effective informed consent?
 - The patient's family, including children in
 - examination room in the OT. The patient's native language being different than
 - that of the surgeon.
 - The patient posture.
 The patient behavior
 - The patient's financial status.
- Informed consent should be taken by.
 - Nurse.
 - Para medical staff.
 - Doctor on duty.
 - Surgeon who will be performing surgery.
- A 35 years old patient developed abdominal distension after cholecystectomy. Drain is empty. On examination adomen is soft, distended, Bowel sounds are absent. Most probable with diagnosis is.

 - Paralytic ilias. Viscerval injury
 - Carcinoma Colon.
 - Urinary Retention.
- A 55 years old male patient was operated for carcinoma Colon. He developed right lower limb swelling. On examination, there is non-pitting edema, he is afebrile, and Pulses are present.

 What is your most probable diagnosis?
 - a. Fracture of femor.b. Cellulitis.

 - Deep venous thrombosis.
 - Super facial veins blockage.
 - Lymphoedema.
- 10. The gas most commonly used for creation of pneumoperitoneum in laparoscopic surgery is:
 - a. Oxygen.
 - Nitrous oxide.
 - Carbondioxide.
- 11. Tensile strength of monocryl is lost in how many days?
 - Less than 10 days.
 - 15 20 days.
 - 30 45 days.
 - c. 30 45 days.d. 45 60 days.
 - e. 120-150 days.
- 12. For Vascular anstomosis preferable suture material is?
 - a. Non absorbable, elastic.
 - b. Non absorbable, non elastic.c. Absorbable, elastic.

 - d. Absorbable, non elastic.



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20. An 11 weeks old child brought to OPD for cough and

- 13. According to "Rule of Nines" burns involving genital
 - area are. 1%
 - b. 9%
 - 18%
 - 14. Blister formation in burn is classified as:
 - a. First degree.
 - Second degree superficial.
 - c. Second degree deep.
 - 15. Patient received at emergency department who has had burns both lower limb & perineum. What will be the percentage of burns?
 - 19 %.
 - 9%.
 - 37%

 - 16. Patient with large partial-thickness or full thickness burns can develop
 - a. Anaphylactic shock.
 - Cardiogenic shock
 - Hypovolumic shock.
 - Septic shock.
 - 17. A 60kg patient brought to emergency with history of burn. On examination he has full thickness burns on front of chest & abdomen along with both upper limb. What will be estimated requirement of fluids in 1st 24 hrs write formula & calculate?
 - a. 300ml.
 - b. 500ml.
 - 9000ml
 - d. 12000ml.
 - 18. A 3 year old boy brought to OPD is diagnosed as a case Cerebral Palsy. The child can't speak any word, but can recognize mother. He can sit without support but cannot crawl.

What is his developmental age?

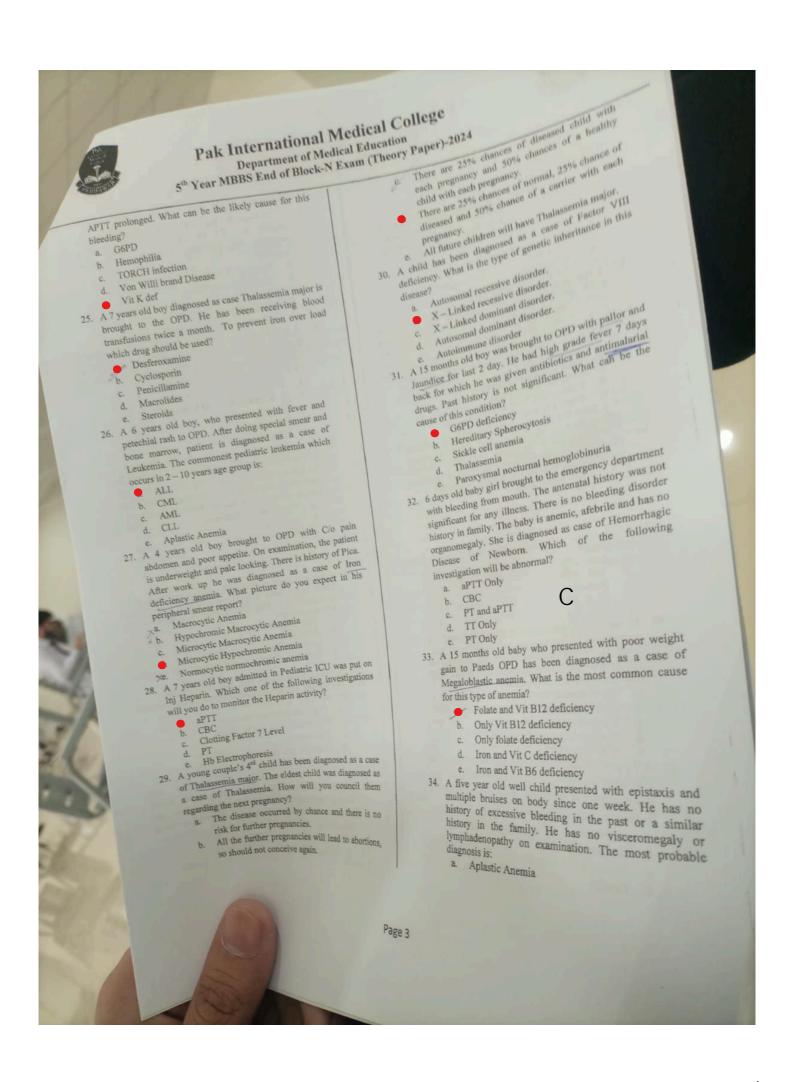
- 7 months
- 11 months
- c. 1 Year
- d. 1.5 Year
- e. 2 Years
- 19. A 6 months old girl presented to OPD with history of fits for the last 5 days. There is no history of fever, and vomiting. On examination, patient is underweight with microcephaly. Her vital signs are normal but she is unable to hold neck. Which of the following history's component would be helpful in making the diagnosis of this patient?
 - a. Family history
 - ★b. Birth History
 - Vaccination History C.
 - /d. Socio economic History
 - Allergies History

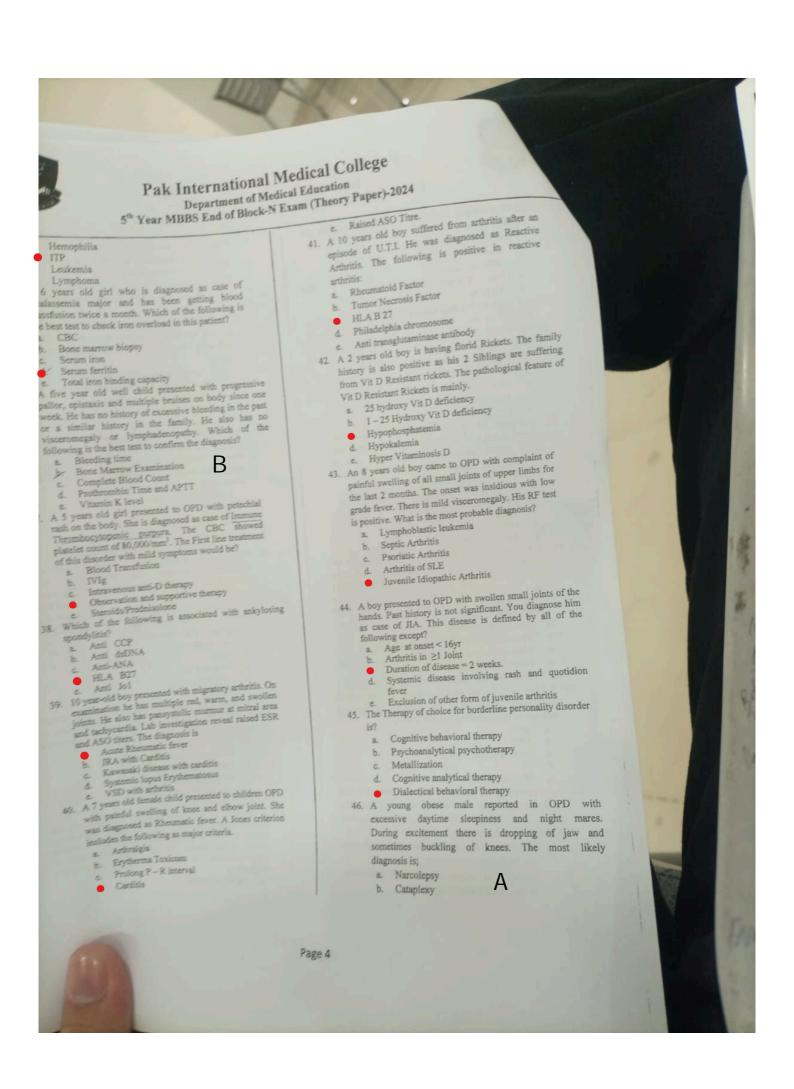
- fever. While taking history, the mother said that the vaccination of the child is up to date. Which of the following vaccine is due next?
 - BCG Vaccine
 - MeaslesVaccine b.
 - MMR vaccine
 - d. Pentavalent Vaccine 2

 - 21. A 4 years old girl presented to OPD with swollen right knee joint. There is no History of Trauma or any medication. She has a significant past history of prolong umbilical bleeding. Her labs showed, Hb: 11 g/dl ,TLC: 12000, PLT: 200,000, BT: Prolong, P.T: Normal, APTT: Prolong CT-normal.

What is the most likely diagnosis?

- a. Factor 5 deficiency
- b. Factor 7 deficiency
- c. Factor 8 deficiency
- Von Willi brand Disease
- Vit-K deficiency
- 22. A 7 years boy presented to OPD with high grade fever for the last 10 days. He had been feeling unwell for the last 3 months and used multiple medications. O/E He is pale, ill looking boy, with Temp 101* F. There is petechial rash on his body. There is hepatosplenomegaly but no blood transfusion history. What initial investigation will you do to help you in making the diagnosis?
 - a. aPTT
 - Hb Electrophoresis b.
 - PT
 - Special Smear d.
 - Bone marrow examination
 - 23. A 13 months old child brought to OPD. The child was breast fed for 4 months only. Since then he is on goat milk only and weaning had not been started yet. The patient is underweight, anemic, afebrile and has got no hepatosplenomegaly. Which type of anemia you expect in this child?
 - a. Aplastic anemia
 - b. Iron deficiency anemia
 - Anemia of chronic disorder
 - Microcytic anemia
 - Megaloblastic anemia
 - 24. 4 days old baby girl brought to the emergency department with bleeding from mouth. The antenatal history was not significant for any illness. There is no bleeding disorder history in family. The baby was born at home and had not been checked by any doctor, or given any medications after birth. The baby is having OFC of 35 cm; she is anemic, afebrile and has no organomegaly. Her CBC showed Hb: 11, TLC: 12000 and Platelets: 151,000 PT or







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- Catalepsy
- Epilepsy d.
- None

Which one of the following investigations can be used for assessment of sleep disturbance?

- Actigraphy (wrist-worn)
- Polysomnography
- CSF Orexin (hypocretin) level
- All of the Above
- None of the Above
- 45 years old male smoker who recently recovered from an episode of inferior wall myocardial infarction presented to you in a state of depression. Which of the following is the drug of choice for post-MI depression?
 - Sertraline
 - Duloxetine b.
 - Amitriptyline
 - MAO Inhibitors
 - e. Quetiapine
- 49. 45-year-old female complaints of increasing widespread joint pains which are worse in the evening after a stressful day at work. She is also complaining of interscapular and low back pain. Her concentration is very poor and she has recently suffered from marital problems. Rheumatoid factor is negative. Examination reveals an increased body mass index and global restriction of movement due to pain, but no synovitis. What is the most likely diagnosis?
 - a. Rheumatoid Arthritis
 - Psoriatic Arthritis b.
 - SLE
 - Fibromyalgia
 - Ankylosing spondylitis
 - 50. Which of the following drugs is most likely to cause lupus-like syndrome?
 - a Baclofen
 - Isoniazid
 - Methotrexate
 - Procainamide
 - 51. A 25-year-old female gives birth to a baby with complete
 - heart block who subsequently requires pacemaker insertion. Which of the following antibodies is most likely to be detected in the maternal serum? deoxyribonucleic
 - Anti-double-stranded (dsDNA) antibodies
 - Anti-endomysial antibodies
 - Anti-Ro/SSA antibodies
 - Anti-SCL70 antibodies
 - Rheumatoid factor
 - 52. A Female patient of 40 years was admitted in neurology ward with complaints of weakness, arthralgia, myalgia and dysphagia. She is also complaining of difficulty getting out of the bed in the morning, climbing stairs and combing her hair. On examination she is having proximal muscle weakness with a rash on her forehead, neck and dorsum of the hands particularly the knuckles. Laboratory

investigations revealed Hb 10.2 g/dl, ESR 65mm/1st hour, WBC 13000/mmc, Platelets 530000/mmc, K+ 4.5 mEq/L. Her CPK was 670 U/L (50 - 150 U/L) and she tests positive for anti-Jo-1 antibodies.

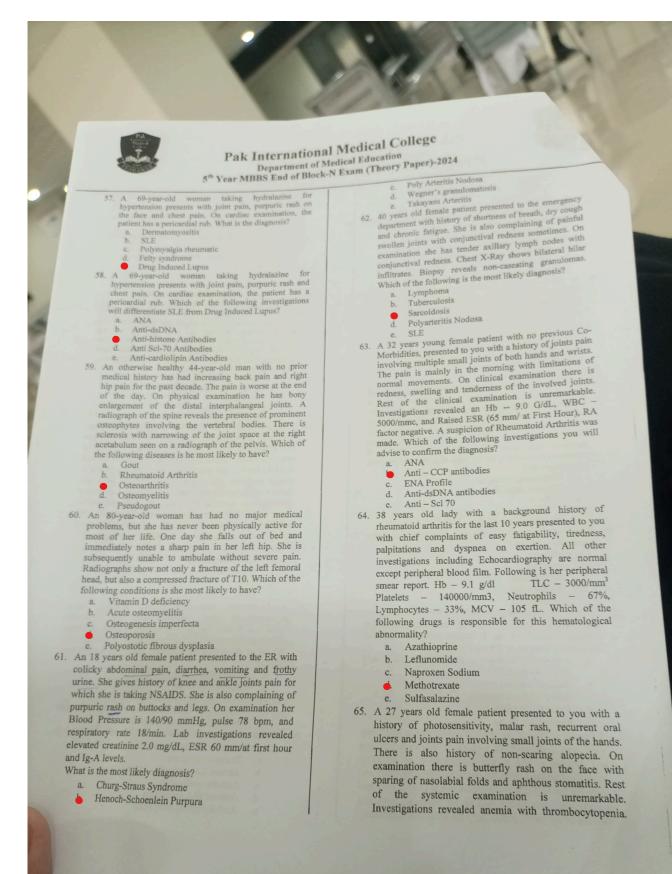
Based on the information given above, what is your most probable diagnosis?

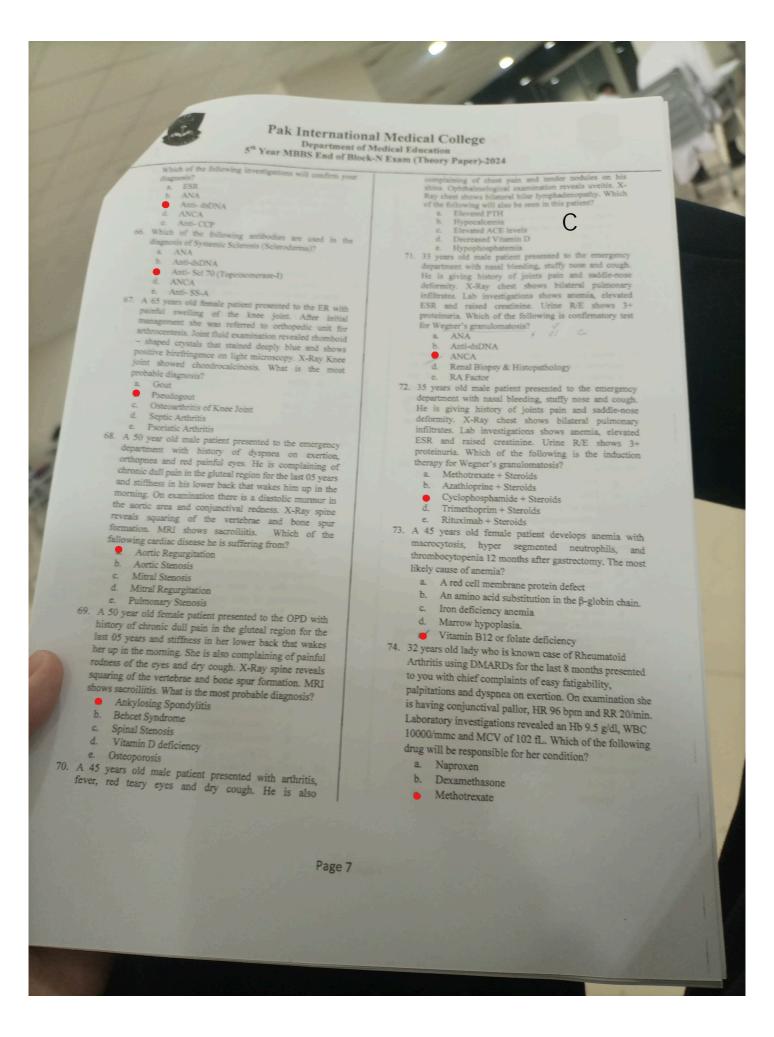
- a. Hypokalemic Periodic Paralysis
- Dermatomyositis
- Polymyositis
- Polymyalgia Rheumatica
- Systemic Lupus Erythematosus (SLE)
- 53. A 72-year-old man presents with an acutely painful right big toe. On examination, he had a temperature of 37°C with a hot, swollen, erythematous and tender right big toe. Of relevance amongst his investigations, was his white cell count which was 12.6 X 10 ° /1. Joint aspirate revealed pagetive historians are revealed pagetive. revealed negative birefringent crystals under light microscopy but the culture and sensitivity was negative. What is the most likely diagnosis?

 - Psoriatic mono-arthropathy
 - Pseudogout
 - Reactive Arthritis

 - 54. A Female patient of 40 years was admitted in neurology ward with complaints of weakness, arthralgia, myalgia and dysphagia. She is also complaining of difficulty getting out of the bed in the morning, climbing stairs and combing her hair. On examination she is having proximal muscle weakness with a rash on her forehead, neck and dorsum of the hands particularly the knuckles. Laboratory investigations revealed Hb 10.2 g/dl, ESR 65mm/1st hour, WBC 13000/mmc, Platelets 530000/mmc, K+ 4.5 mEq/L. Her CPK was 670 U/L (50 - 150 U/L). Which of the following investigations will confirm her diagnosis?
 - a. Anti-Jo-1 Antibodies
 - Electromyography Ъ.
 - Muscle Biopsy
 - NCS d.

 - 55. A 25-year-old lady with known systemic lupus erythematosus (SLE) presents with the nephrotic syndrome. A renal biopsy is performed and this confirms diffuse proliferative glomerulonephritis (WHO Class IV). Which of the following treatment regimens would you advise?
 - Azathioprine alone a.
 - Prednisolone alone b.
 - Azathioprine and prednisolone
 - Prednisolone and intravenous cyclophosphamide
 - Prednisolone and methotrexate
 - 56. Which of the following auto-antibodies may have a role in monitoring disease activity in SLE?
 - a. Rheumatoid factor
 - b. Antinuclear antibodies (ANA)
 - c. Anti-Sm antibodies
 - Anti-dsDNA antibodies
 - Anti-Ro (SSA) antibodies







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- d. Folic acid
- e. Hydroxychloroquine
- 75. 53 years old male patient with a history of aortic valve replacement surgery was started on oral anticoagulant (Warfarin). Which of the following parameter is used for the monitoring of the drug?
 - a. APTT
 - b. BT
 - c. CT
 - FDPs
 - PT/INR
- 76. Maturation of T-cells occur in
 - a. Bone marrow
 - Payers patches
 - Liver C.
 - d. Spleen
 - Thymus
- 77. A female patient presented to you with a history of pallor, palpitation and dyspnea on exertion. On examination she is having a Blood Pressure of 130/80 mmHg, HR 108 bpm and loss of vibration sense. Peripheral smear revealed Hb 10.8 g/dl, TLC 3700/mmc, platelets 130000/mmc and MCV of 102 fL. Which of the following investigations will you order to confirm your diagnosis?
 - a. Serum Ferritin
 - b. Serum Folate
 - Serum B₁₂ levels
 - TSH d.

 - 78. 18 years old girl presented with epistaxis and ecchymosis. Complete blood count shows Hb 12.8 g/dl, WBC 8000/mm³ and platelets of 80000/mm³. Bone marrow examination revealed hyperplastic marrow with increased megakaryopoiesis. What is the most likely diagnosis?
 - Immune Thrombocytopenia (ITP)
 - Thrombotic Thrombocytopenia (TTP) b.
 - DIC
 - Dengue Fever
 - Myelodysplastic Syndrome
 - 79. Soldiers deployed in Iraq were given mandatory Chemoprophylaxis against plasmodium vivax malaria in the form of Primaquine tablets. Several days after beginning such a regimen, a 26-yaer-old African-American soldier develops anemia, jaundice and hemoglobinuria. Special studies will likely reveal an abnormality in which of the following?
 - a. Duffy antigen
 - G6PD
 - Intrinsic factor
 - PIG-A
 - Spectrin

- 80. A 28-yaer old woman complains of fatigue, dyspnea, and malaise. She also notices that her urine has been reddishbrown particularly with the first void of the morning-Which of the following investigations will help you in establishing the diagnosis of Paroxysmal Nocturnal Hemoglobinuria?
 - a. Peripheral Smear
 - ESR
 - Serum Ferritin
 - CD- 55 and CD-59
- 81. A 58 years old male patient presented to you with chronic fatigue, body aches and lethargy. On examination patient is pale looking with pulse of 100 bpm and normal blood pressure. Massive splenomegaly was identified on abdominal Examination. Peripheral smear shows Hb 11.2 g/dl, WBC 120,000/mm3, platelets 450000/mm3. Which of the following translocation will help you establish the diagnosis?
 - a. 8:14
 - 9:22
 - c. 11:14
 - 14:18 d.

 - 82. A 26 years old pregnant lady presented to the OPD with a history of generalized weakness, body aches and lethargy. Upon routine investigations her Hb is 9.8 g/dl with MCV of 58.5 fL and MCH 15 pg. Serum ferritin was advised which came out to be 130 mg/dl (10-150 ng/mL). What is the most probable diagnosis?
 - a. Anemia of Chronic Disease
 - y b. Iron Deficiency Anemia
 - Thalassemia Trait
 - Megaloblastic Anemia xd.
 - Sideroblastic Anemia
 - 83. A 50 years old man presented to you with chief complaints of lethargy, tiredness and pruritus. Pruritus is worse after he takes a hot water bath. He is also complaining of pain and numbness in the fingers and toes. Splenomegaly was found on abdominal examination. His past medical history is significant for gout. Peripheral smear shows Hb 20 g/dl with hematocrit of 60%, WBC 25000/mm3 and platelets 560000/mm3. Serum erythropoietin was low with normal urea and creatinine. What is the most likely diagnosis?
 - Myeloproliferative Neoplasm
 - b. Myelodysplastic syndrome
 - c. Chronic Lymphocytic Leukemia
 - Renal Cell Carcinoma
 - e. COPD
 - 84. A 10 years old male child was brought to the OPD by his mother with a history of tiredness, lethargy and poor



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performance at school. The mother elaborates that her child is fond of eating mud (pica). What is the underlying cause of this eating disorder?

- Calcium Deficiency
- Folate Deficiency
- B12 Deficiency
- . Iron Deficiency
- Vitamin-D Deficiency
- 85. A 40 years old fisherman presented to you with a history of weakness, lethargy and fatigue. On examination patient is pale looking. Rest of the clinical examination is unremarkable. Peripheral smear shows macrocytic anemia with Hb 11.0 g/dl, WBC 11000/mm3, platelets 400000/mm3 and MCV of 100 fl. Which of the following may be the cause of his anemia?
 - a. Ankylostoma Duodenale
 - Ascaris Lumbricoides
 - Diphyllobothrium Latum
 - Round Worm

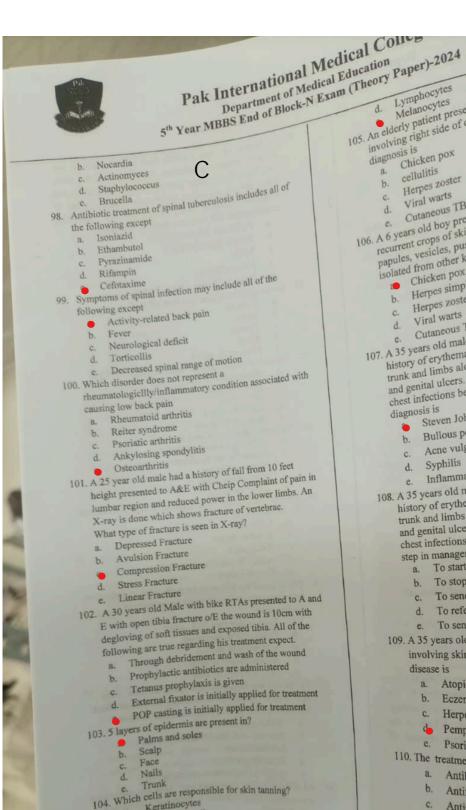
 - 86. Iron deficiency anemia, glossitis and cheilosis are the features of
 - a. Mallory Weiss Syndrome
 - Hirschprungs Disease
 - Plummer Vinson Syndrome
 - d. Menetrier's Disease
 - e. Zollinger Ellison Syndrome
 - 87. Disseminated intravascular coagulation (DIC) is the most commonly associated with?
 - a. ALL
 - AML
 - CML

 - Burkitt Lymphoma
 - 88. Reed Stemberg cells are characteristically seen in?
 - a. ALL
 - b. CML
 - c. Burkitt Lymphoma
 - Hodgkin Lymphoma
 - e. Non Hodgkin Lymphoma
 - 89. A 45 years old male patient with a history of mitral valve replacement on warfarin therapy, presented to the emergency department with epistaxis, gum bleeding, hematuria and ecchymosis on the body. Which of the following will be given for immediate reversal of warfarin toxicity?
 - a. Whole blood transfusion
 - b. Platelets transfusion
 - Fresh Frozen Plasma (FFPs)
 - Vitamin K
 - Tranexamic Acid

- 90. A 50-year old man presents with sever bone pain and frequent recoiresters infraction. Padiographs of the skull. frequent respiratory infection. Radiographs of the skull, long bones days and long bones days and long bones days and long bones days are long bones. requent respiratory infection. Radiographs of the same long bones demonstrate multiple punched out lesions, and hope page 100 pag one marrow aspiration demonstrates large number of neoplastic plasma cell. Which of the investigations will help you establish diagnosis? a. Peripheral Smear with ESR
 - Protein Electrophoresis

 - RFTs
 - Serum Calcium
 - Urine for Bence Jones Protein 91. Caries spine most common area affected
 - 92. Common Complication of Septic Arthritis of Hip is Hypermobile Joint 7 Mants
 - Bony Ankylosis
 - Dislocation
 - All of the above
 - None of the above
 - 93. Ligament Laxity is not seen in Albers Schoenberg Disease Ehlers-Danlos Syndrome
 - Marfan's Disease

 - Spinal structural deformity angle on X-rays is measured
 - by which method
 - Cobs angle
 - Bowman Angle
 - Krebs angle
 - d. Adams forward bending angle
 - 95. Which one of the following by itself is not an indication for surgery in a child with acute hematogenous osteomyelitis
 - Fever higher than 38.5 dgrees
 - Presence of a sequestrum b.
 - Subperiosteal abscess
 - Adjacent septic arthritis
 - e. Intramedullary abscess
 - 96. The patient was diagnosed with spinal stenosis of the lumbar spine. In addition to educating the patient about his condition, the most appropriate initial treatment
 - Walking program
 - b. Non-steroidal anti-inflamatory drugs
 - c. Lumbar traction
 - d. Epidural injections
 - e. Spinal decompression and fusion
 - 97. All of the following organisms may cause granulomatous opportunistic spinal infection in immunocompromised
 - a. Mycobacteria



Melanocytes

Melan An elderly patient presented with groped vesicle involving right side of chest since 3 days. Most probable

diagnosis is Chicken pox

cellulitis а.

Herpes zoster

106. A 6 years old boy presented with fever, malaise and recurrent crops of skin rash consisting of scattered papules, vesicles, pustules for last 4 days. He should be papures, vesicies, pusitives for last quays, the should to isolated from other kids because he is suffering from

Herpes simplex viral infection Chicken pox

Herpes zoster b.

107. A 35 years old male presented to emergency with 10 days history of erythematous skin with erosions involving trunk and limbs along with oral, nasal, ophthalmological and genital ulcers. He has taken some medications for chest infections before this condition. Most likely diagnosis is

Steven Johnson syndrome

Bullous pemphigoid b.

Acne vulgaris

Syphilis

Inflammatory bowel disease

108. A 35 years old male presented to emergency with 10 days history of erythematous skin with erosions involving trunk and limbs along with oral, nasal, ophthalmological and genital ulcers. He has taken some medications for chest infections before this condition. Most important step in management will be

a. To start iv fluids

b. To stop the medications

To send biopsy

To refer to tertiary care hospital

To send pus culture and sensitivity

109. A 35 years old male presented with flaccid blisters and erosions involving skin and mucosa for last few months. Most likely disease is

Atopic eczema a

b. Eczema

Herpes zoster

Pemphigus vulgaris

Psoriasis

110. The treatment option in pemphigus vulgaris will be Antibiotics

Antifungal

Antiseptics

Antiviral

Immunosuppressant



Keratinocytes

Langerhan cells

Merckle cells

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