Rehman Medical College
MB Roll No: 19- 045 Write Write Select the Roll No. on Scoring Sheet & Endocrine/Reproduction-3)

I. 35 years Time: 120 IIII.

III. 35 years Sold male best answer from given choices by filling the circle in Scoring sheet as and difficulty in getting up from bed, which of the selection of the selec Date: 05/12/2024 35 Years old ikely electronylate presented with weakness and difficulty in getting up from bed, which of the following is most old in Scoring Sheet & Question Paper.

b. high oryste imbalance with weakness and difficulty in getting up from bed, which of the following is most old. Sodi. Sodi. Sodi. e. low magnesium
In patients
a. Impaired red ckd, which of the following is the most important contributor to renal osteodystrophy?
b. Hypocalcenal production of the following is the most important contributor to renal osteodystrophy?
d. Hypophosphatemia
Loss of vitamia Loss of vitamin d & calcium via dialysis
The use of calcitriol
at is the most significant factor leading e. The use of vitamin d & What is the most significant factor leading to the development of anemia in patients with ckd?

b. Reduced absorption of iron
c. Reduced erythropoietin resistance
e. Blood loss due to capillary fragility & poor platelet function
b. Obstructive nephronaths. Oval fat bodies, fatty casts & increased urinary protein are found in the following?

Description:

Oval fat bodies, fatty casts & increased urinary protein are found in the following? None of the above Recommends of the above She is found to have a bo of 70/50 mmhg (very low).

Which one of the above She is found to have a bo of 70/50 mmhg (very low). Which one of the following iv fluids would you a. Half normal saline 5% dextrose & water d. Hypertonic saline One-quarter normal saline which of the following is the investigation of first choice in 15 year old girl with fever and dysuria?

Ultrasound (D) c. Peripheral smear d. Blood c/s ESR Which is the best screening investigation for relatives of patient of polycystic kidney disease? Ultrasound 0 Ct abdomen e. X-ray kub An 8-year-old boy presents to his GP with swelling around his eyes and limbs, tiredness and weight gain. The GP b. Minimal change disease Glomerulosclerosis C. d. Type I diabetes mellitus e. Membranous glomerulonepiirus
A 63-year-old man is admitted with severe right sided loin pain to the Emergency Department. A urine dipstick Membranous glomerulonephritis A 63-year-old man is admitted with severe high state for pain to the emergency Department. A urine dipstic shows blood +++, leucocytes +, protein +. An abdominal radiograph is therefore ordered which shows a stag-horn calculi normally composed of horn calculus in the right renal pelvis. What are stag-horn calculi normally composed of a. Xanthine b. Calcium Uricacid d. Magnesium calcium phosphate c. Cysteine
e. Cysteine
10. A patient presents with fever, flank pain, dysuria, costovertebral angle tenderness, papillary necrosis, A patient presents with rever, flank pain, by a patient present presents with rever, flank pain, by a patient present present presents with rever, flank pain, by a patient present present presents with rever, flank pain, by a patient present pr Laboratory findings will also reveal: WBC casts RBC casts Granular casts b. C. No casts d.

11. e. None of the above young male patient with Severe lumbar pain attack, usually one-sided, irradiates by ureter to perineum by spasmolitics. The severe lumbar pain attack, usually one-sided, irradiates by ureter to perineum by spasmolitics. by spasmolitics. This could be: Nephritic syndrome
Urinary infection
Chronic glomerulonephritis 12. Nephrotic syndrome
A patient complains for sudden attack of fatigue, headache, elevated blood pressure, vision troubles, oliguria and changes in uring colors. and changes in urine colour also are present, this could be:

a. Acute using the second secon Acute urinary tract infection Nephritic syndrome Nephrotic syndrome Chronic renal failure RENAL STONES 13. Antibodies most commonly seen in drug induced systemic lupus erythematosus-Anti ds DNA Ab b. Anti Smith Ab Anti Ro Ab Anti histone Ab Anti neutrophilic antibody 14. Most common agent causing catheter induced UTI in females isa. E. coli b. Pseudomonas Staph aureues d. Proteus Candida 15. Most common cause of CKD in adults isa. Hypertension b. Diabetes Mellitus Tuberculosis d. Glomerulonephritis Acute interstial nephritis 16. A 36-year-old woman has urinary frequency with dysuria for the past 4 days. On physical examination she has no flank pain or tenderness. A urinalysis reveals sp. gr. 1.014, pH 7.5, no glucose, no protein, no blood, nitrite positive, and many WBC's. She has a serum creatinine of 0.9 mg/dL. Which of the following is the most likely diagnosis systemic lupus erythromatosis Urinary stones Acute cystitis Urothelial carcinoma Malakoplakia 17. A clinical study is performed with pediatric subjects who had a diagnosis of minimal change disease. These patients were observed to have prominent periorbital edema at diagnosis. Laboratory test findings from serum and urine tests were analyzed. Which of the following urinalysis test findings is most likely to have been consistently present in these subjects? Nitrite positive Proteinuria >40 mg/m2/hr Hematuria with >10 RBC/hpf Renal tubular epithelial cells and casts Calcium oxalate crystsls 18. A 30-year-old man has noted puffiness around his eyes and swelling of his feet with red discolouration of urnine for the past 2 weeks. On physical examination his blood pressure is 155/95 mm Hg. Urine microscopic examination reveals 2+PROTIEN with rbcs. Which of the following conditions is he most likely to have? Ascending pyelonephritis Nephritic syndrome b. Nephrotic syndrome C. Obstructive uropathy d. 19. An 11-year-old girl has increasing lethargy and has passed dark-coloured urine for the past week. She had a sore throat two weeks ago. On physical examination she is afebrile with blood pressure 140/90 mm Hg. Laboratory studies show her serum creatinine is 2.8 mg/dL and urea nitrogen 24 mg/dL. Urinalysis shows 2+ blood, 2+ protein, no glucose, and no ketones. Microscopic urinalysis shows dysmorphic RBC's. most likely to be present in this girl? Drug-induced interstitial nephritis Nephrotic syndrome Post-streptococcal glomerulonephritis C. Obstructive uropathy d. e. UTI
20. 53-year-old man has passed darker urine for the past week. On physical examination there are no abnormal 53-year-old man has passed with the following is performed, but no mucosal lesions are noted. He has a 60 pack year history of smoking cigarettes. Which of the following is the most likely diagnosis?

Nodular glomerulosclerosis Obstructive uropathy Bladder cancer Nephrolithiasis

c. d.

UTI

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Which of the following differentiate acute kidney failure from chronic renal failure
                          e. hypokalemia
A 14 Year old by developed facial puffiness and lower limb edema . urine re shows 3 + proteinuria .renal b. Prednisolom

A 24 Year old by developed facial puffiness and lower limb edema . urine re shows 3 + proteinuria .renal b. Prednisolom
                    23. Which of the following is the most common cause of urinary tract infection (UTI) in adults?

b. Escherichia aureus
                              Cyclophosphamide
   In pa
                                  Pseudomonas aeruginosa
                    24. What is the gold standard investigation for diagnosing urolithiasis?
What is
   Redi
   Incre
                                 Non-contrast CT scan
   Redu
                                 Intravenous pyelography (IVP)
   Redu
                   25. A 25-year-old male presents with a painless testicular mass. What is the most likely diagnosis?

Epididymitis
                                 None of the above
                             e.
  Blood
val fat Ł
 Obstr
                                 Testicular cancer
 Acute
 Pyclo
                                Varicocele
Nephi
                                All of the above
                            e.
                  26. Which type of urinary incontinence is characterized by leakage with sneezing or coughing?

a. Urge incontinence
None
elderly
                               Overflow incontinence
is four
                                Stress incontinence
mmer
                                Functional incontinence
dalf no
                                None of the above
                           C.
Jorma
                  27. What is the initial management for a patient presenting with obstructive uropathy and hydronephrosis?
% de>
                               Antibiotics and observation
                               Placement of a ureteric stent or per cutaneous nephrostomy (PCN)
                           d.
                               Open surgery
                           e. All of the above
                 28. What is the most common cause of epididymitis in men under 35 years of age?

    Escherichia coli

                               Mycobacterium tuberculosis
                          b.
                               Chlamydia trachomatis
                          C.
                          d. Treponema pallidum
                              All of the above
                          e.
                29. Which of the following is a known risk factor for bladder cancer?
                          a. Smoking
                             High-protein diet
                         b.
                              Low fluid intake
                         C.
                              Obesity
                         d.
                         e. None of the above
               30. A 60-year-old male presents with difficulty urinating and a weak urinary stream. Which investigation is most
                    appropriate initially?
                             PSA testing
                         a. .
                             Digital rectal examination
                         b.
                             Urodynamic study
                             MRI pelvis
                         d.
              31. Which is the most common congenital anomaly of the kidney?
                             None of above
                        a. Horseshoe kidney
                            Polycystic kidney disease
                            Vesicoureteral reflux
                        b.
                        C.
                            Duplex kidney
             e. None of the above

a. None of the above

32. The triad of hematuria, flank pain, and a palpable mass is most characteristic of which condition?
                            Renal cell carcinoma
                            Wilms' tumor
                            Hydronephrosis
                       b.
                           Polycystic kidney disease
            33. Commonest cause of bilious vomiting in neonate is
                      Necrotizing enterocolitis
                      Meconium ileus
                  2.
                        etestinal malrotation with volvulus
                      Duodenal atresia
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C. d.

a. b.

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d. Thiazolidinediones and alpha-glucosidase inhibitors None of the above 59. Which of the following is NOT a component of metabolic syndrome? a. Abdominal obesity b. Hypertriglyceridemia Low LDL cholesterol d. Elevated fasting blood glucose e. None of the above 60. Which waist circumference threshold defines abdominal obesity as part of metabolic syndrome in men (according to the International Diabetes Federation)? a. >88 cm (35 inches) b. >94 cm (37 inches) c. >102 cm (40 inches)
 d. >120 cm (47 inches)
 e. >145 cm (50 inches) 61. Which of the following is the ADA-recommended first-line treatment for type 2 diabetes in patients with coexisting heart failure? Thiazolidinediones b- Sulfonylureas c. SGLT2 inhibitors d. GLP-1 receptor agonists e. SGLT3 inhibitors 62. What is the recommended LDL cholesterol target for patients with diabetes and a high risk of cardiovascular disease? a. <100 mg/dL b. <70 mg/dL c. <130 mg/dL d. <90 mg/dL <45 mg/dL 63. Which of the following non-pharmacological interventions is most effective in managing metabolic syndrome? Weight loss of 3-5% b Resistance training twice weekly c. Mediterranean-style diet and increased physical activity d. Fasting for at least 16 hours daily Weight loss of 7-9% 64. Which of the following GLP-1 receptor agonists is approved for chronic weight management in obese patients without diabetes? a. Dulaglutide b. Semaglutide Exenatide d. Sitagliptin None of the above 65. A 25 years old PG has come for routine visit at 38 weeks. On examination , fetus is of average size with cephalic presentation but her head is free. On pelvic assessment, the sacral promontory is reachable, interischial diameter is normal and outlet is also normal. What is the best management plan for her? Emergency c.section C.section when goes in labour c. Elective c.section at 39 weeks d. Admit and induction of labor Allow to go in spontaneous labor &trial of labor 66. Conservative management of placenta previa includes all except: a. Admit and keep record of vitals b. Anti d administration Cervical cerclage d. Blood transfusion Steroid cover 67. Risk factors for Placental Abruption include all except : a. Pimiparity b. Smoking c. Preeclampsia d. Advanced maternal age Cocaine use 68. A 32 years PG with 37 weeks gestation comes to ER with vaginal bleeding. Her vitals are stable. On abdominal examination, uterus is relaxed with fundal height of 38 weeks with cephalic presentation with free head. FHS are normal, no active bleeding at the moment. All of the following are done except: a. Urgent ultrasoundb. End blood investigations Pelvic examination C. d. Urgent admission 69. G2P1 with 35 weeks gestation comes to labor room with major Placenta Previa and bleeding per vagina. Her BP is 90/60 and pulse is 110/min. On examination, uterus is relaxed and fetus in transverse lie. FHS are normal. What is the best management? a. A: admit in ward &conservative treatment b. B: resuscitate &immediate C-section C: resuscitate and induction of labor C.

d. D: resuscitate & C. Section once she goes in labor
 e. E: admit and await spontaneous onset of labor

vu. A 30 years G4P3 with 36 weeks gestation presents with excessive bleeding per vagina for 2 hours. On diagnosis?

HS are positive, and fundal height is 34 weeks, oblique lie and soft uterus. What is the most likely B: placenta previa C: hematuria D: carcinoma cervix E: vasa previa 71. Normal labor is a process during which regular contractions of the gravid uterus expel the fetus & placenta:

a. A: between 37 & 42 Weeks of contractions of the gravid uterus expel the fetus & placenta: B: before 37 weeks of gestation C: after 37 weeks of gestation D: after 42 weeks of gestation E: after 24 weeks of gestation 72. Regarding stages of labor: A; first stae of labor ends with delivery of the fetus B: second stage is divided into latent and active phase C: third stage begins after delivery of the baby &ends with delivery of placenta D: third stage lasts for 2 hours E: duration of first stage of labor is same both for PG &multigravida 73. active management of third stage of labor include all except: A: Injection oxytocin after delivery of haby B: controlled cord traction C: uterine massage d. D: cord clamping t: supra pubic pressure 74. Cardinal movements of labor include: a. A: descent, engagement, flexion, festitution, internal rotation, extension
b. B: engagement, descent, internal rotation, flexion, restitution, extension
c. C: engagement, descent, flexion, internal rotation, extension, restitution
d. D: descent, engagement, flexion, extension, internal rotation, extension
e. E: engagement, descent, flexion, internal rotation, restitution, extension
A 35 weeks program twoman comes with complain of pain abdomen and bi 75. A 35 weeks pregnant woman comes with complain of pain abdomen and bleeding per vagina for 3 hours. Her BP is 140/100 and uterus is tense and tender with absent FHS. What is the most likely diagnosis? a. A: placenta previa b. B: placental abruption C: preterm labor D: polyhydramnios E: pregnancy induced hypertension 76. False labor pain is characterized by: a. show is presentb. cervix is 4 cm dilated pain dull in nature d. bag of forewaters present e. regular contractions 77. The most common cause of postpartum hemorrhage is: a. Retained cotyledonsb. Uterine over-distention Lower genital tract lacerations d. Uterine atony Hematologic disorders 78. Steps in active management of third stage of labour includes: Injection syntocinon, tab misoprostol, infusion ringer lactate
 Controlled cord traction & intravenous oxytocin c. Manual removal of placenta & Uterine massage d. Uterine massage & Uterine packing e. Uterine packing and tab misoprostol 79. What types of trauma during labour and birth would lead to PPH risk? a. Instrumental assisted birth (vacuum or forceps) C-Section b. Lacerations of the cervix or vaginal wall d. All of the above 80. The 4 "T's" of PPH are: a. Trauma Toxins Tone Tissue b. Trauma Tissue Threads Tone c. Trauma Toxins Travel Tissue d. Trauma Tissue Thrombin Tone e. None of the above 81. If continued bleeding occurs during the third stage with a contracted uterus, the cause is most likely to be: a. Cervical and perineal Lacerations b. Placental abruption c. Uterine atony d. Cervical Polyp e. All of the above 82. What are four risk factors for PPH (arising during pregnancy)? a. Previous PPH; polyhydramnios; multiple pregnancy; anaemia Abruptio placenta; Polyhydrominos, grand multi; iron deficiency. Intrauterine death; abracadabra placenta, previous pph, iron deficiency.

d. Placenta praevia; polyhydramnios, intrauterine death, hyroceph

e. A&C

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St. A Primary PPH is:
                    1000ml or more within first 24 hours of birth
              b. 400ml or more within first 22 hours of birth
c. 500ml or more within first 24 hours of birth
              d. 500ml or more within first 36 hours of birth
                   700ml or more within first 12 hours of birth
         84. A secondary PPH occurs:
              a. From 24 hours to 1 week after birth
              b. I rom 24 hours to 6 weeks after birth
        c. From 24 hours to 6 weeks after birth
d. Any time after 24 hours
e. From 24 hours to 6 weeks after birth
85. You notice abnormal blood loss. You assess that the loss is currently around 400ml. When should you call for help?
             a. Wait until 500ml as that is when it technically becomes PPH
             Now, You have detected abnormal blood loss one the PPH reached 1000ml
tenty when you no longer feel in control
       e. Prow. You have detected abnormal blood.
86. After a PPH, and the woman is stable, what should you check?
            a. Legitin
b. CRP
          d. Haemoglobin
       87. What are the early signs of deterioration due to significant PPH?
a. Lachycardia & Hypotention
                Pypotension
                Lachypnea And Pallor
                Heart Sinking
                Tachycardia And Fainting
      88. Congenital rubella is associated with development of what clinical condition 80% of those infants?
               Deafness
                Obesity
           d.
                Diabetese Militus
               None of the above
     89. Syphilus is sexually aquired infection caused by:
               Trichomonas
          b. Treponima pallidum
               Gonococus
          d. Chlamdia
               Toxoplasma
     90. A fetus is particularly susceptible to rubella infection when maternal infection occurs during what stage of
         a. 1st trimester
b. 2nd trimester
         c. 3rd trimesterd. Susceptibility unknown
              All of the above
    91. Clinical features such as hepatosplenomegaly, skin and mucosal lesions, and a saddle-shaped nose are
        a. Congenital rubellab. Congenital CMV
        c. Congenital syphilisd. Congenital HIV
        e. All of the above
 92. Congenital HIV infections can be controlled or prevented by
            Offering antiviral drugs during pregnancy

    Offering antiviral drugs during pregr
    Having an elective cesarean section
    Avoid breast feeding
    All of the above
93. A new born baby develops swelling & edema in the right eye with redness and copious discharge. This is an example of what type of infection that usually causes inflammation and edema of the eye and is more severe?
       b. Gonococcal ophthalmia neonatorum
           Chlamydia infection
      d. Staphylococcal infection
           None of the above
94. The non pregnant uterus measure 80 gram. What is wait of uterus at term pregnancy?
      a. 500 GM
b. 600 GM
           700 GM
     d. 800 GM
         900 GM
     The plasma increases by a. 20%
    b. 30%
         40%
    d. 50%
    c. 60%
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A f - Linal Calla

RMC Rehman Medical College

Roll No: 19-04-

The creatinine clearance in pregnancy Increases Decreases Remains unchanged Average None of the above g7. Dilutional anemia or physiological anemia of pregnancy is more marked at... b. 30wks 32weeks

d. 34weeks 36weeks Regarding thyroid function tests in pregnancy, which statement is true?
a. Free T3 increases
b. Free T4 increases

Thyroid binding globulin decreases Bound form of T3 and T4 Increases d.

Pregnancy is hyperthyroid phase 99. The most important parameter in interpreting CTG is a. Base line rate only

Base line rate and variability b. Baseline rate and acceleration Variability and deceleration

100. Which pregnancy hormone is responsible for vasodilatation and smooth muscle relaxation

Estrogen b. Relaxin Progesterone

101. A G3P2 presents at 11 weeks of gestation with previous one thalassemia major child. She wants to test status of her fetus for thalassemia. Which test will you advise?

Fetal cord blood sampling Fetal cell free DNA testing Chorionic villous sampling Amniocentesis

d. Amniocentesis
e. Post natal fetal blood sampling
102. Which of the following statements about amniotic fluid is incorrect?
a. It contains desquamated cell from fetal skin
b. Disposal of liquor at term is by fetal swallowing and absorption in intestine
c. By term nearly 500ml is secreted daily as fetal urine
d. Amniotic fluid guards the fetus against mechanical shock
a. The temperature of amniotic fluid is not maintained by the mother

The temperature of amniotic fluid is not maintained by the mother

103. Regarding amniotic fluid which statement is correct?

b.

garding amniotic fluid which statement is correct?

Amniotic fluid is only water with no organic contents
It cannot be used for screening for aneuploidies
The PH of amniotic fluid is acidic
Loss of amniotic fluid in early pregnancy can form amniotic bands and limbs deformities
It has no bacteriostatic activity
The following statements regarding Olipobydramnios are correct except?

 104. All the following statements regarding Oligohydramnios are correct except?
 a. Amniotic fliud index less than 5th centile for gestation is called Oligohydramnios b. Renal tract abnormalities do not cause Oligohydramnios. Oligo hydramnios is caused by fetal growth restriction and placental insufficiency

Rupture of membranes should be excluded in all cases of Oligohydramnios
None of the above 105. Clinically oligohydramnios presents with the following except?

a. Symphysiofundal (SFH) height is small than Period of gestation

Fetal poles are easily felt

Fetal heart is difficult to auscultate Fetal may develop distress in labour

106. Low dose aspirin may be used in management of Oligohydrmnios due to Premature rupture of membranes

Renal agenesis b. Multicystic kidneys

Placental insufficiency

e. All of the above 107. The cause of Polyhydrmnios include all the following except?

a. Anencephaly b. Duodenal atresia Multiple gestations d. Placental insufficiency

Twin to twin transfusion syndrome 108. The cause of preterm labour include all the following except?

a. Cervical weakness b. Infection

Multiple gestation d. Poly hydrmnios

e. Cephalic presentation of fetus

109. Severe Polyhydramnios can be managed by which of the following? Low molecular weight heparin b. Cervical cerclage c. Low dose aspirin
 d. Antibiotic e. Indomethacin 110. Regarding preterm labour all the following statements are correct except? Chorio-amnionitis is a major cause
 Administration of corticosteroid is recommended Calcium channel blockers can be used to relax myometrium d. Cervical cerclage should be applied e. All of the above 111. The following is correct about the drugs used for the management of preterm labour except? Indomethacin use may cause premature closure of ductus arteriosus if given after 32 weeks
 Calcium channel blocker may cause hypotension c. Oxylocin receptor antagonist results in inhibition of uterine contractility
d. In women with cardiac disease with preterm labour beta-agonist are indicated. None of the above 112. Risk factors for preterm labour include all, except a. Hypertensionb. Placental abruption Cocaine use, smoking d. Unmarried and low socioeconomic status e. Primigravida 113. Magnism sulphate is recommended in Preterm labour to a. Control fits b. Reduce incidence of cerebral palsy c. Stop uterine contractions d. After 35 weeks of gestation e. After 39 weeks of gestation 114. Regarding preconception counselling, what should be ideal HbAIC around time of conception in a known diabetic lady? a. < 4.5% b. <5.5% c. <6.5% d. <1.5% 115. Which anti diabetic is contraindicated in pregnancy? a. Metformin Long acting insulin Short acting insulin d. Ultrashort acting insulin sulphonyl urea 116. Which test is gold standard for diagnosis of gestational diabetes? a. Fasting blood sugar levels b. 2hours post prandial sugar levels 50gm oral glucose challenge test 75 gm oral glucose tolerance test Urine sugar test 117. What is ideal time for delivery of known diabetic with controlled sugar levels? a. Completed 36week b. Completed 37weeks Completed 38 weeks d. Completed 39 weeks e. Can wait till 40weeks 118. Secondary arrest of labour means: a. Prolong latent phase. Failure of cervix to dilate beyond 3cm. Failure of cervix to dilate beyond 5cm. d. Failure of cervix to dilate beyond 7cm. Failure of presenting part to decent beyond zero station. 119. Internal rotation occurs at which station? a. At Pelvic brim.b. 2cm above isc 2cm above ischial spine c. At ischial spine.d. 2cm below ischial spine. Before engagement. 120. 2nd stage of labour is defined as a. Onset of uterine contraction till 5cm dilatation of cervix. b. Onset of uterine contraction till full dilatation of cervix. c. From full dilation of cervix to delivery of baby. d. From delivery of baby to delivery of placenta. e. None of the above