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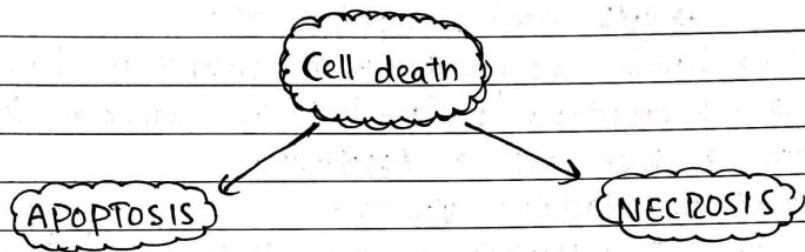
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PATHOLOGY

APOPTOSIS

- * Literally → leaves falling from a tree.
- * Programmed cell death → Apoptosis.



- * Suicidal death of cell.
- * Usually one cell is involved.
- * May be due to external or internal factors.
- * Cells → shrinks usually.
- * Cells → membranes disrupted → enzyme / lysosome → affect nearby healthy cells → Inflammation → so necrotic Tissue have Inflammatory Zone Around it.
- * Mass Murder of Cells.
- * Group of cell / Tissue → involved.
- * Usually due to external factors.
- * Cells → swells up.

* Apoptotic cells → into Apoptotic granules → express "OPSONINS" on its Surface → phagocytized by macrophages → Surrounding cells → not disrupted.

* Apoptosis → may be physiological or pathological.

* Necrosis → Always → Pathological.

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WHY APOPTOSIS OCCURS? / Significance ?

Physiological

- * Embryological → Different structure → undergoes apoptosis → to achieve adult functional shape.
→ e.g.: hands, esophagus etc.
- * Some cells → hormone dependant → In presence of hormones → these cells → hypertrophy / plasia - But if hormonal support → withdrawn → these cells → Apoptosis.
→ e.g.: Breasts of Lactating Women. menstrual Bleeding
→ Endometrial cells → Apoptosis → when Progesterone ↓ → Before
→ Prostatic Atrophy after Testis Castration.
- * Deletion of Some Immune Cells.
→ e.g.: Auto-Reactive T-cells deletion → in Thymus.
- * Bone Marrow + GIT + Skin → cells → Continuously Proliferating → Apoptosis as well → so cell count → balanced.

Pathological

- * When Genetic material of the cell → So badly damaged that it cannot be repaired → the Apoptosis Should occur.
- * In Severe Thermal injury or hypoxia → Apoptosis.
- * Hepatocytes → loaded w/ virus → In hepatitis → Apoptosis.

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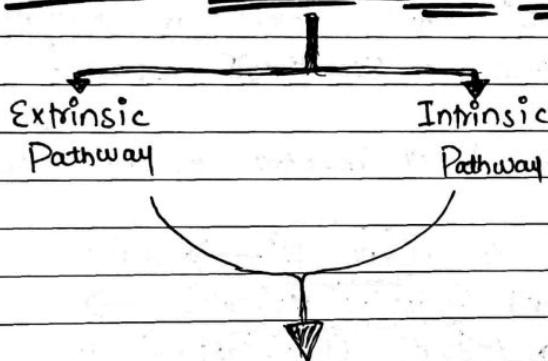
* Endoplasmic Ret- Stress → loaded wd too much un-folded proteins → ER Stress → suicidal death.

* Duct of glandular structure → blocked → Apoptosis.

* Mutation in genes → too much → P53 gene → Activated → → Force the cell to Commit Suicide.

P53 

Molecular Mechanism OF Apoptosis :



- Guardian of Genome.
- Stops cell cycle & activate repairing enzymes during mutation.
- If no repair → then forces the cell → to Apoptosis.
- In People who have deficiency of P53 → → chances of Cancer → ↑↑

Extrinsic Pathway :

→ Depends upon special receptors on cell membrane →
→ called → "Death Receptors".
e.g: FAS molecules or TNF-Receptor.

"Death Inducers" (FAS-Ligand) binds wd Death Receptors.
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→ Death Receptors have Intra cellular "Death Domain" into w/c "Adaptor Molecules" binds w/c also have "Death domain".

→ Now cell have proteolytic Enzymes CASPASES w/c have cysteine containing ~~w~~ in their Active pockets and have cutting activity at Aspartate Specific.

→ Initially they are Inactive → Pro-Enzyme → then Activated.

→ Some Caspases are activated at initial phase of Apoptosis → "Initiator Caspases" while other are activated at Advance phase of Apoptosis → "Executioner Caspases".

→ Almost All the cells have Death Receptors on their Surface.

→ First Death Inducers binds to Death (R) → Activate its Death Domain → Binds w/c Adaptor Molecules → Activate it Death Domain → Activate Pro-Caspase to Active Caspases (Initiator Caspase) → then Initiator Casp. → activate Executioner Caspases.

→ Then Executioner Caspase causes proteolysis of :

* Cytoskeleton of cytoplasm-

* Scaffolding ^{Protein} for Nucleus-

* Activate DNases enzymes w/c digest Inter Nucleosomal DNA-

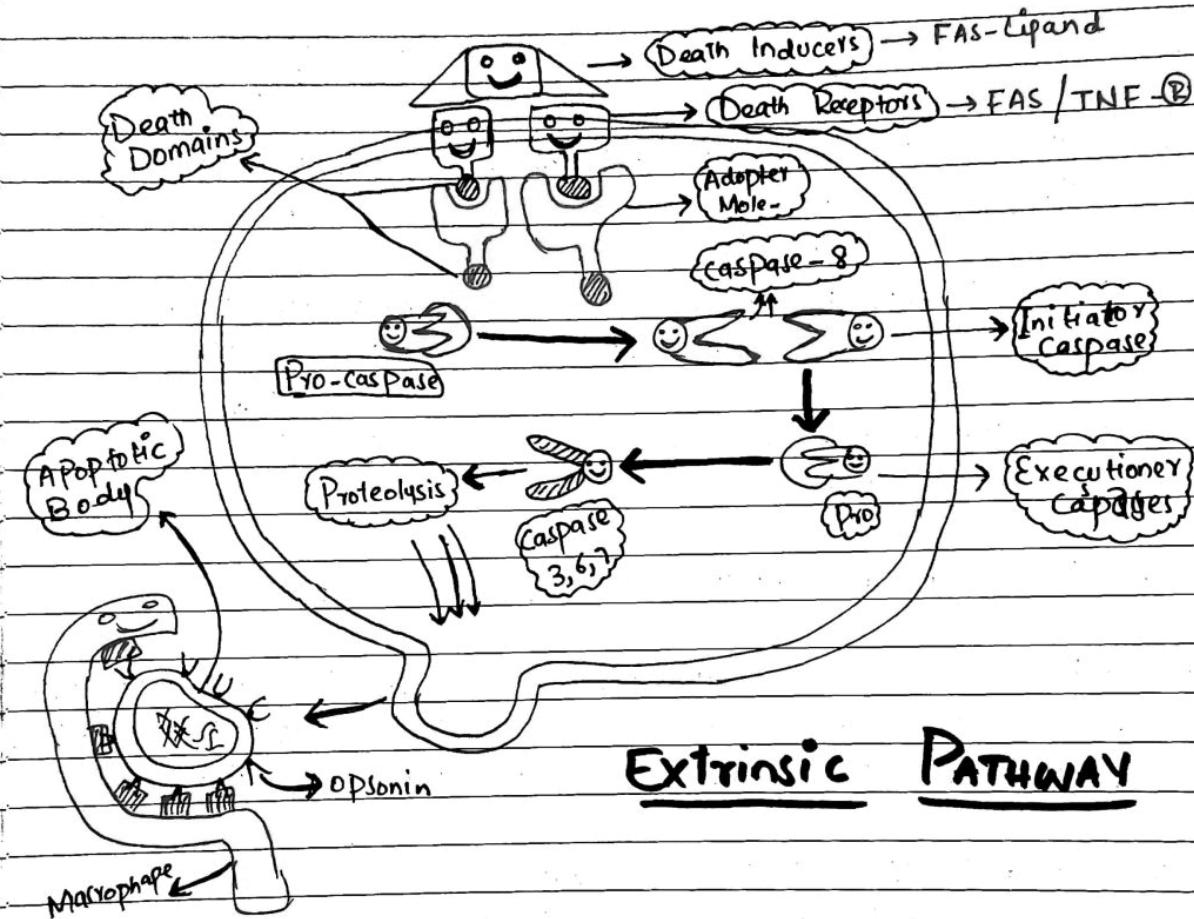
→ As a result most of Proteins, nuclear material etc. is digested → & cell membrane undergoes some changes ~~gap~~ bud out → make Apoptotic Bodies.

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→ These Apoptotic bodies express special molecules → "Opsonins"
 w/c is a signal for Macrophages & they also secrete
 molecules w/c binds w/ opsonins & phagocytosis occurs.



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Intrinsic Pathway

* Also called → Mitochondrial Pathway.

• Why Different cells have Different Life Span?

→ Actually Every cell have "Pro-Apoptotic / Pro-Death" genes & "Anti-Apoptotic / Pro-Life" genes. There is balance b/w these ② types of Genes → wlc determine life of cell.

→ If Pro-Apoptotic genes expresses more → Apoptosis occur early & vice versa if Anti-Apoptotic genes expresses more.

* Pro Apoptotic → Bad, Bak, Bax

* Anti- " → BCL₂, BCL-X



* The Real bad Poisons are Present in Mitochondria.

→ Mitochondria have cytochrome-c & Apoptosis Inducing Factor (AIF).

→ There are channels in mitoch-membrane → Mito-Permeability → thyo. wlc. cyt-c & AIF can escape out. Transition Pores

→ Normally the products of Pro-life genes make Homo-Dimers w/ each other or Hetero-dimer w/ pro-death genes product and block / plug the Transition pores & also inhabits. Apoptosis Activating Factor wlc is present in cytoplasm. (AAF)

→ When cell is going to die → the Process reverses →

Pro-death genes Products → dimer → cannot plug the pores and thus cyt-c and AIF come out of mito.

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- AIF → inhibits Anti-Apoptosis Factor / Bcl-2, X etc.
- Cyt-c along w/ AAF activates initiator Caspases w/c will in turn activate Executioner caspases & remaining Pathway is same as Extrinsic pathway.

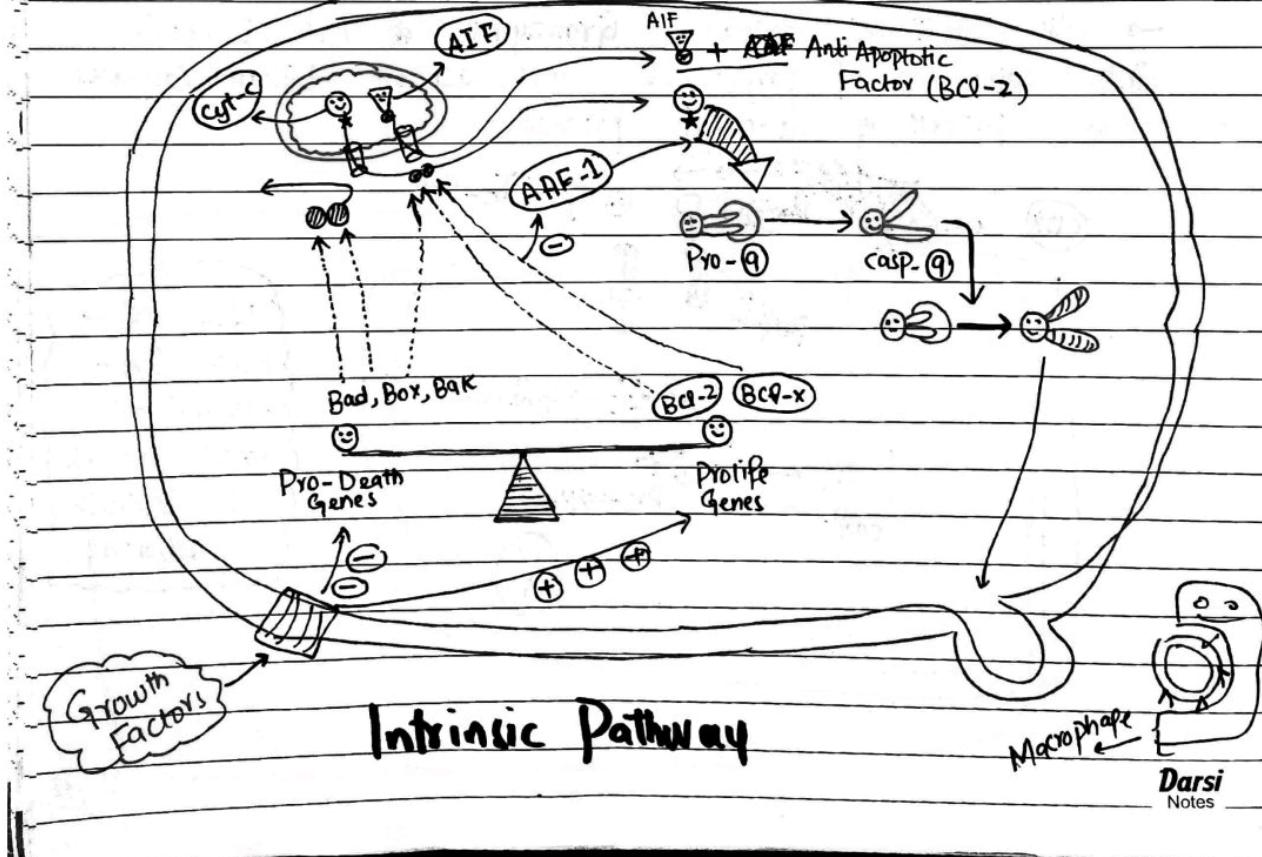
Activation of Pro-life & Pro-death Genes is dependant upon Growth Factors, Hormones etc.

i.e. If Growth Factors are present → they signal

Pro-life Gene Positively & Pro-death genes negatively.

→ But if G.F aren't there Pro-death genes are activated & Apoptosis occurs.

DR. NID^{SMILEY}



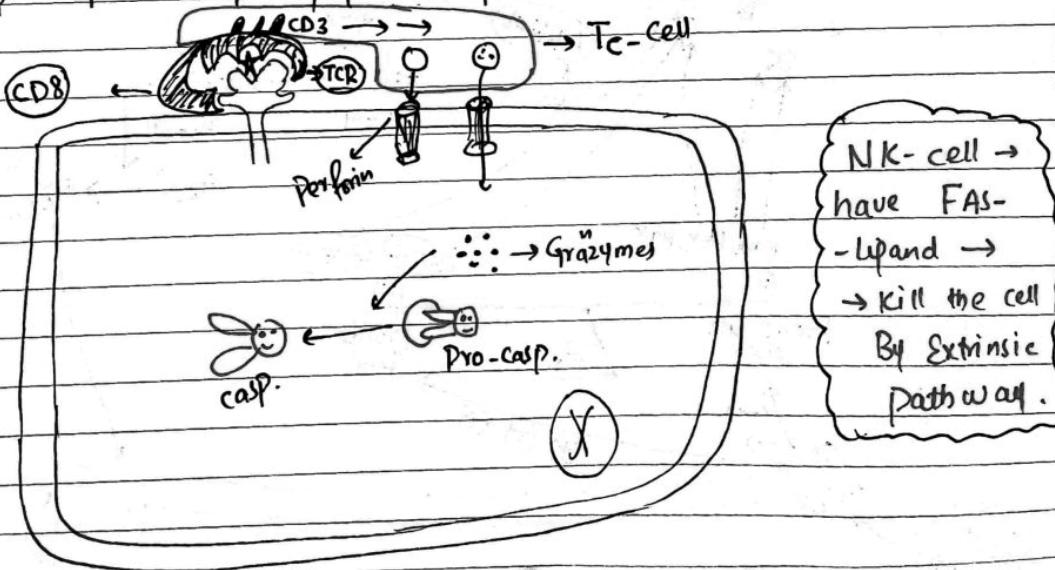
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How Cytotoxic T-cell Kill the Cell / Apoptosis :

- When a cell is infected wd virus → viral proteins are expressed on surface of cell along wd class-1 MHC molecule.
- Cyt-T-cell → attach to viral protein thru TCR (T-cell Receptor) & also thru CD-8 to MHC to confirm whether viral protein is present or not.
- When binds then → it give signals to the CD3 molecule.
- Cyt-T-cell become activated → it come near to target cell → release pre-formed peptides (Perforins) → w/c make holes/pores in cell surface membrane.
- Also cyt-T cell release Granzyme thru Perforins into cytoplasm of target cell w/c activate initiator caspases & process of apoptosis proceeds.



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How P53 Gene Induce Apoptosis :

* P53 → Guardian of Genome.

Normally when DNA Replication is going on → there are Proof reader Genes, w/c check the mismatched pair in DNA.

When error occurs → proof reader signals the (P53 gene) w/c activate (cell cycle Arrest gene) to Arrest the cell cycle & P53 also activate DNA repair gene to repair the error.

→ But If Irreparable loss occur to DNA → Proof reader stimulate / irritate P53 too much that it activate another pathway → Stimulate Pro Apoptotic gene & inhibit Anti-Apoptotic genes → As a result → → Intrinsic pathway is activated → Apoptosis occurs.

