

# ANTI ARRHYTHMIC DRUGS

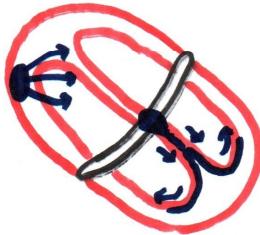
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From: Dr. NAJEED Lectures

## ARRHYTHMIA:

Abnormal rhythm of the heart.

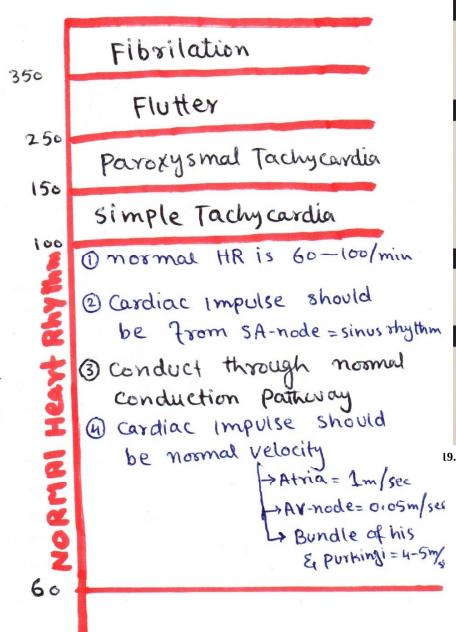
## Normal rhythm of Heart.

Normal Rhythm of heart is somewhere B/w 60–100/min



If HR is originated from somewhere else than SA-node, it is called as Abnormal rhythm.

Normally cardiac impulse pass from atria through moderate velocity (1m/sec), from AV-node very slowly (0.05meter/sec) & from Bundle of his + purkinji fibers with high velocity (4–5meter/sec).



### CLASS I (Na<sup>+</sup>-channel blockers)

Disopyramide (IA) NORPACE  
Flecainide (IC) TAMBCOR  
Lidocaine (IB) XYLOCAINE  
Mexiletine (IB) GENERIC ONLY  
Procainamide (IIA) GENERIC ONLY  
Propafenone (IC) RYTHMOL  
Quinidine (IA) GENERIC ONLY

### CLASS II ( $\beta$ -adrenoceptor blockers)

Atenolol TENORMIN  
Esmolol BREVIBLOC  
Metoprolol LOPRESSOR, TOPROL-XL

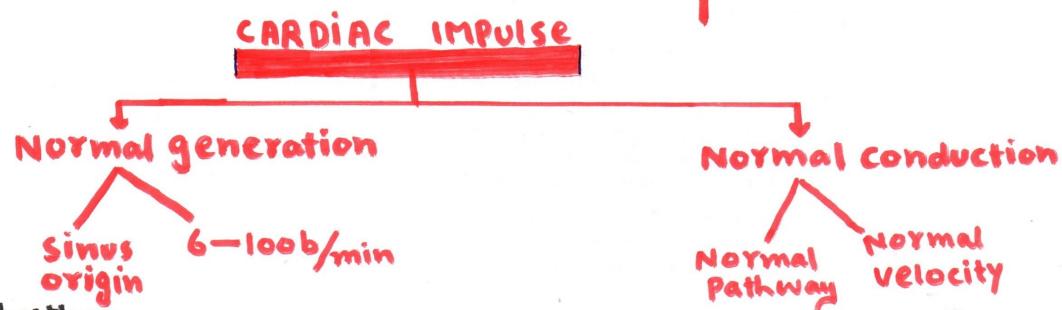
### CLASS III (K<sup>+</sup> channel blockers)

Amiodarone CORDARONE, PACERONE  
Dofetilide TIKOSYN  
Dronedarone MULTAQ  
Ibutilide CORVERT  
Sotalol BETAPACE, SORINE

### CLASS IV (Ca<sup>2+</sup> channel blockers)

Diltiazem CARDIZEM, CARTIA, TIAZAC  
Verapamil CALAN, VERELAN  
**OTHER ANTIARRHYTHMIC DRUGS**  
Adenosine ADENOCARD  
Digoxin LANOXIN  
Magnesium sulfate GENERIC ONLY  
Ranolazine RANEXA

19.1 Summary of antiarrhythmic drugs.



**Rhythm:** Any activity which is occurring again & again & with almost same (normal) interval.

\* Heart is having cyclic electrical activity & cyclic Mechanical activity & both them activity have to be normal to produce normal cardiac output.

## syncope

Transient loss of consciousness due to decreased cardiac output, which cause decreased cerebral metabolism.

patient with arrhythmias may come with syncope, palpitation, hypotension, precipitation of cardiac failure, abnormal pulse, ischemic heart disease.

- \* Cardiac arrhythmias is an important cause of sudden cardiac death.
- \* Arrhythmias may be due to abnormal generation of impulse or problem in conduction of impulse

Antiarrhythmic drugs either alter generation or conduction of impulse.

## Simple Tachycardia:

which heart rate keep on increasing somewhere B/w 100—150 b/min

## Paroxysmal Tachycardia:

sometime Tachycardia appears B/w 150—250 & than disappear.

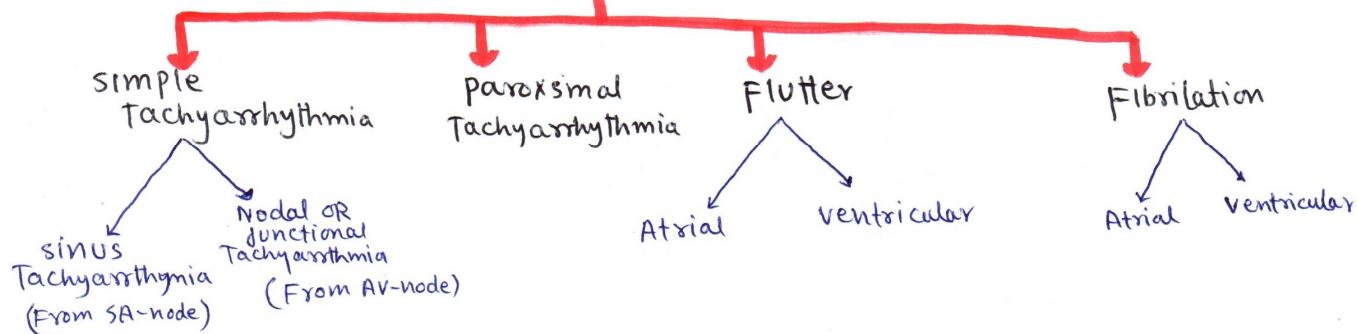
## FLUTTER:

Sometimes heart Rate appears B/w 250—350 b/min

## Fibrillation

Heart rat greater than 350 b/min

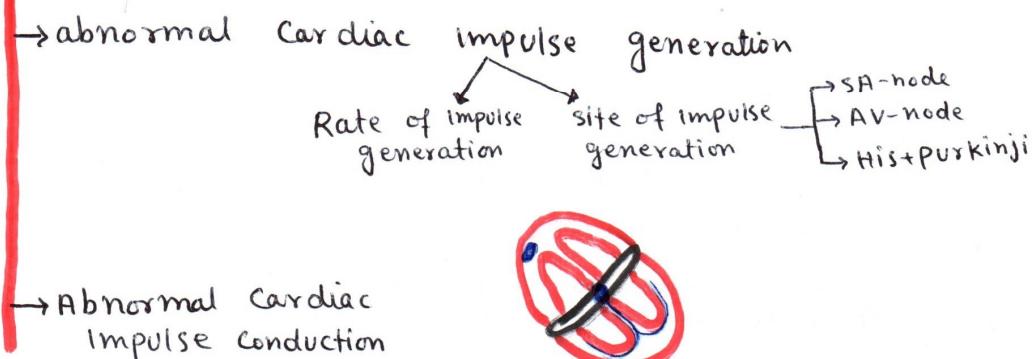
## Tachyarrhythmias



Paroxysmal Junctional Tachyarrhythmia: If junctional Tachycardia appear & than disappear.

Automaticity: Capability of cell to undergo depolarization spontaneously without external stimuli.

## ARRHYTHMIA PATHOGENESIS



## Myocardial cells

### Pacemakers

Cells with inherent automaticity

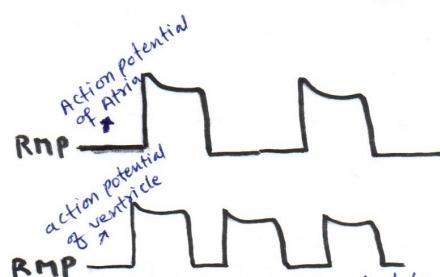
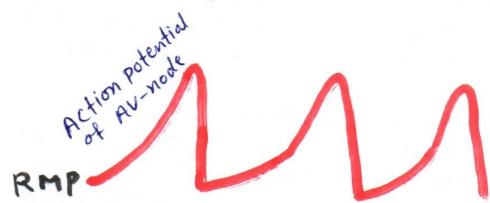
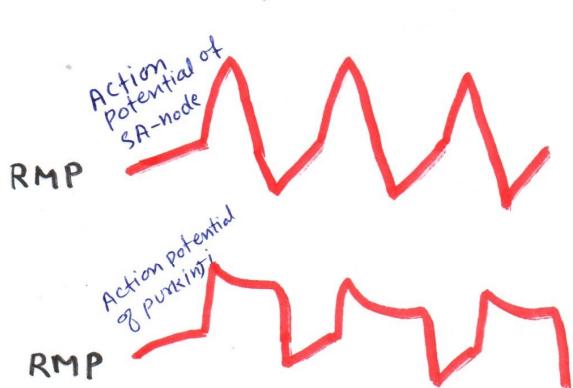
e.g. SA-node, AV-node,  
Purkinji system

### Non-Pacemakers

Cells without inherent automaticity

e.g.  
\* Atrial Myocardial cells  
\* Ventricular Myocardial cells

Arrhythmias can be produced by Abnormal automaticity  
i.e. by SA-node, AV-node & Purkinji system.

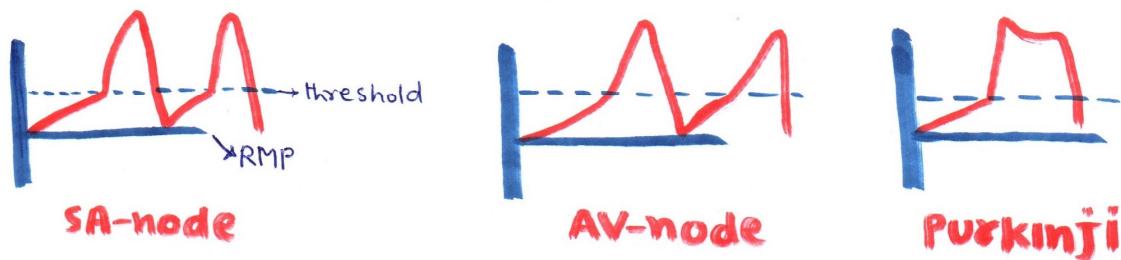


\* Resting membrane potential of Atria + ventricle are stable.

\* Resting membrane of SA, AV-node & Purkinji are sloped.

i.e. RMP of healthy atria + ventricle normally does not reach to threshold.

RMP of SA + AV + Purkinji easily reach to threshold.



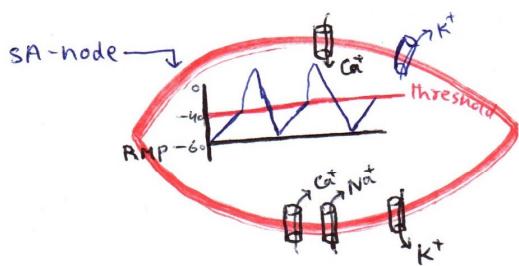
Their RMP directly reach to threshold & depolarization occur spontaneously.



In atria+ventricle RMP does not reach to threshold, so no action potential occurs.

\* The slope is given many names, so called "Phase-4", the slope is also called as pre-potential.

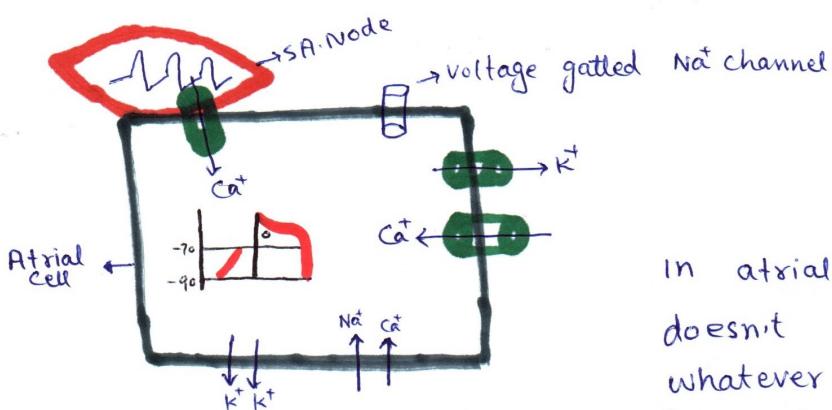
Why this slope is present in SA-node, AV-node, & Purkinji system i.e their RMP is not resting, from where this restlessness comes.



In SA-node  $\text{Ca}^{2+}$  &  $\text{Na}^{+}$  move in by leaky channel, while small amount of  $\text{K}^{+}$  come out.

Due to this inward movement of  $\text{Ca}^{2+}$  &  $\text{Na}^{+}$  ions, RMP move toward threshold. As this  $\text{Ca}^{2+}$  &  $\text{Na}^{+}$  move in voltage gated  $\text{Ca}^{2+}$  channel opens &  $\text{Ca}^{2+}$  move in, this

cause action potential to move toward zero(0); & depolarized, then voltage gated  $\text{K}^{+}$  channel opens & large amount of  $\text{K}^{+}$  goes out; & cell again become hyperpolarized, this process repeat every 0.8 sec & in each minute 72 b/min is produced.



In atrial myocardium RMP doesn't move to threshold B/c whatever  $\text{Na}^+$ ,  $\text{Ca}^+$  move in by leaky channel, same amount

of  $\text{K}^+$  come out.  $\text{Ca}^+ + \text{Na}^+$  influx =  $\text{K}^+$  efflux. If atrial myocardium is connected to depolarizing SA-node, some of  $\text{Ca}^+$  move from SA-node to atria.

This cations which jump by gap junction from SA-node to atria move atrial curve from RMP to threshold. Then voltage gated  $\text{Na}^+$ -channel opens &  $\text{Na}^+$  move into cell and bring Actional potential toward depolarization. This is called as zero phase of Action potential of atrial cell.

After that  $\text{Na}^+$  channel is off &  $\text{K}^+$  channel opens.  $\text{K}^+$  goes out at a same time  $\text{Ca}^+$  channel open &  $\text{Ca}^+$  move in so gain of cation is equal to loss of cation, so no change in action potential plateau is formed.

Then time sensitive  $\text{Ca}^+$ -channel is off, while  $\text{K}^+$  channel is opened, so more  $\text{K}^+$  comes out, while no  $\text{Ca}^+$  move in so cell again become Repolarized.

SA-node depolarization is dependant on  $\text{Ca}^+$ .

Atrial depolarization is dependant on  $\text{Na}^+$ .

\* This atrial cell throws  $\text{Na}^+$  to next cell & pass next cell potential to threshold.

- \* SA-node have capability of auto excitement (Automaticity)  
B/c they have slope which cause this automaticity.  
(same from AV + Purkinji)

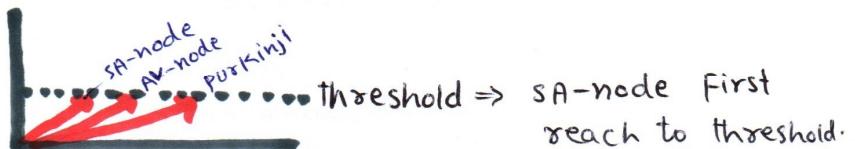
Healthy atria + ventricle RMP is stable.  
Cation efflux = cation influx  
\* When atria + ventricle is injured than gap junction appear and conduction pass to every cell.  
 $SA \rightarrow \text{Atrial cell} \rightarrow \text{next atrial cell}$

In normal person SA-node is pacemaker.

When SA-node, AV-node & Purkinji are pacemaker cell than why only SA-node is cause automaticity.

B/c normally SA-node Automaticity is fast than AV-node & Purkinji cells

e.g. SA-node RMP is more slope than AV-node & Purkinji



So SA-node slope is more leaky to cations than AV-node & Purkinji

SA-node impulse pass to AV-node before AV-node produce its own automaticity, and from AV-node impulse pass to Purkinji before Purkinji produce its own automaticity.

SA-node fire first & its impulses pass to next latent pacemaker, they behave as conductor for impulse.  
when SA-node is destroyed than AV-node & than Purkinji become pacemaker.

If we remove heart & take one tissue from SA-node, AV-node & purkinji & put in a tissue culture have normal electrolyte balance, Then SA-node fired at 100 b/min, AV-node=50 & purkinji at the rate of 40 b/min

## Law of Lohus

As we go downward from SA-node ~~at~~ automaticity decreases

## overdrive suppression

In the presence of normal SA-node electrical activity of AV-node & purkinji is suppressed.  
(Physiologic concept)

## Abnormal automaticity

How arrhythmias are produced by alteration in Rate?

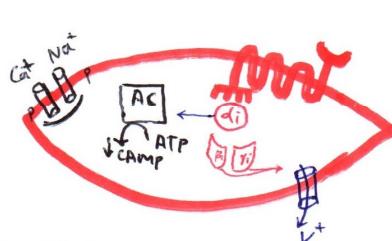
Normal rate = 60—100 b/min

when rate is less than 60 it is called as bradycardia.

\* why SA-node produce ↓ impulses?

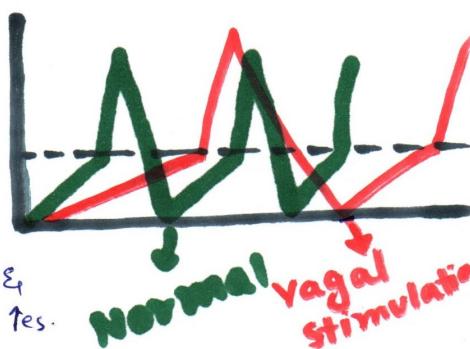
One reason is strong vagal stimulation, as vagal nerve endings release Acetylcholine

Mechanisms of action of Ach on SA-node.



As Ach acts on Gi, Bi & Yi opens K<sup>+</sup> channel & a lot of K<sup>+</sup> goes out, so cell electronegativity increases.

Gi bind with AC, so cAMP level decreases, → phosphorylation of channels, & ↓ influx of Ca<sup>2+</sup> & Na<sup>+</sup>, so SA-produce less depolarization in given time, this is called as sinus Bradycardia, so Rate is less than 60 b/min.



## Tachyarrhythmias:

e.g.: \* Sometime in Exercise heart rate goes up physiologically.

\* In Fever  $\rightarrow$  Heart rate goes up.

\* in Hyperthyroidism  $\rightarrow$  Heart rate goes up.

b/c in all these conditions SA-node is overloaded with cations.



B/c in these conditions sympathetic overflow occurs, & HR  $\uparrow$ , so this is sinus Tachyarrhythmia.

\* When Cation loading increases  $\Rightarrow$  Tachyarrhythmia

\* If Cation loading decreases  $\Rightarrow$  Bradyarrhythmia

\* Vagal influence  $\Rightarrow$  Bradyarrhythmia

\* If sympathetic influence  $\Rightarrow$  Tachyarrhythmia

Arrhythmia also occur by disturbance in site of impulse generation if by any reason SA-node is not ~~fired~~ fired for few second, sinus arrest occur, at that time AV-node escape from overdrive suppression, so AV-node have a chance to display its own automaticity, then it start Nodal rhythm; this type of Rhythm is called **Escap Rhythm**.

Sometime SA-node stop working & one escap rhythm occurs, sometime SA-node is arrested for long time & full Escap rhythm comes, this is another arrhythmia due to SA-node fail.

Sometime AV-node is also destroyed "nodal arrest" than Purkinji escap from overdrive suppression, & now new pacemaker is purkinji system, but now heart is beating at a rate of 30—40 b/min. "purkinji escap rhythm".



People who developed inferior wall myocardial infarction, have more chance to develop <sup>ischemia</sup><sub>AV-node</sub>, B/c of same arterial supply.

- \* Then atria contract at a rate of 80b/min e.g. SA-node
- \* The ventricle contract at a rate of 40b/min,  
i.e. in ECG there is 80 P wave & 40 QRS-complexes.

Pulse is produced by ventricle activity so it will also be 40.

## Abnormal impulse generation

- Altered Normal automaticity
- Triggered Automaticity.

## Mechanism of Arrhythmias

### Abnormality of impulse generation

### Abnormality of impulse conduction

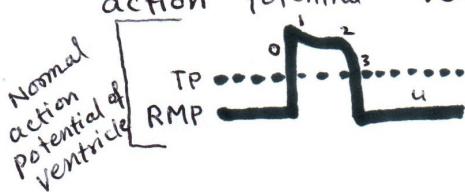
abnormality of spontaneous automaticity

Triggered automaticity → EAD  
→ DAD

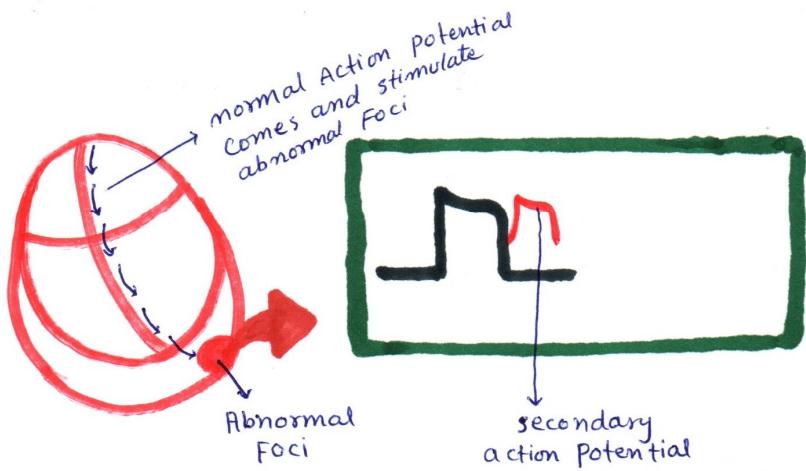
## \* TRIGGERED AUTOMATICITY

It is an abnormal situation in which some normal Action Potential Triggers Automaticity.

e.g.: There is an abnormal area in myocardium & firing when normal action potential reach to it.



- \* "0" phase →  $\text{Na}^+$  move in (depolarization)
- \* "1, 2" phases → plateau phase ( $\text{Ca}^{2+}$  move in &  $\text{K}^+$  out)
- \* "3" phase → repolarization ( $\text{K}^+$  goes out)
- \* "4" phase → is not slope



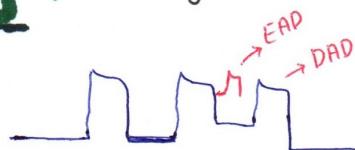
In this cell secondary upstroke (depolarization) occur before primary upstroke (normal) undergo repolarization.

- \* Some RMP fluctuate and reach to threshold automatically and secondary upstroke appears.



secondary action Potential May be:

- ① Early after depolarization (EAD)
- ② Delayed after depolarization (DAD)



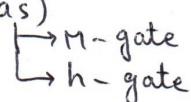
These upstrokes are called after depolarization, b/c these are occurring after normal depolarization (These are abnormal electrical activity).

- \* These EAD & DAD are the cause of arrhythmias.

## cause of EAD

EAD = depolarization which occur before normal repolarization.

Na<sup>+</sup>-channel consist in 3 confirmation stages. (has)



- ① No, Na<sup>+</sup> move in  
B/c M is closed & only h is open.



- ② Na<sup>+</sup> move in b/c M-gate is open.  
(h-gate is going to close)



- ③ No Na<sup>+</sup> move in b/c h-is closed

Than channel again going to Rest

- \* M-gate is also called activation gate.
- \* h-gate is called inactivation gate.



Resting channel

\* It is not active now, but can be activated

It slips to Inactive state & can't be activated until ~~we~~ don't go to rest.

Can't be stimulated (Refractory)

Normally when channels are inactive, whatever stimulus bring no activation occur, this is called "Absolute Refractory period".

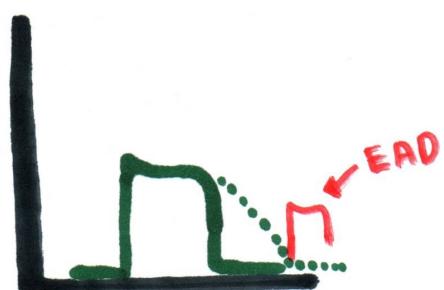
If some of repolarization occurs, some  $\text{Na}^+$  channels move to ~~resting~~ resting phase, even strong stimulus is bring than some of them depolarized, this is called "Relative refractory Period".

\* why no 2nd upstroke occur in normal action potential during Repolarization?

Because most of  $\text{Na}^+$  channels are trapped in inactive phase.

If due to any reason Action potential is prolonged, then repolarization occur a time when most of  $\text{Na}^+$  channels recover from inactive

to resting phase, so if action potential occur and premature beat occur, this is called EAD



## Conditions which prolong Repolarization

- ① If  $K^+$ -channel is congenitally defective, & efflux of  $K^+$  is slower than normal, so most of  $Na^+$ -channel recovered from inactive phase to resting phase.  
This type of action potential trigger another depolarization wave before repolarization occurs. This develops tachyarrhythmia.

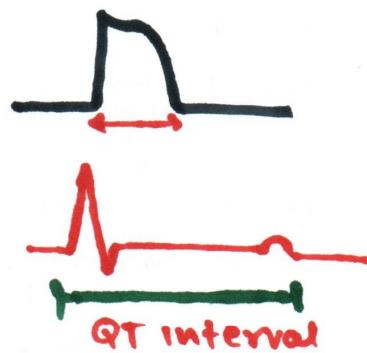
- ② If  $Na^+$ -channel is mutant, it will decrease depolarization (action potential) time, so the cell  $Na^+$ -channels early goes from inactive to resting phase & refractory period is shortened & premature beat occurs. (EAD). They develop Tachyarrhythmia.

- ③ Long QT-interval syndrome:

In early days, Dr. does not know why people of long QT-interval die.

Later on Drs. knew that such patient with long QT-interval develop tachyarrhythmia, these QRS-complexes change its morphology, some are pointing upward & some pointing downward.

They called such arrhythmia as "polymorphic Tachyarrhythmias".



When French look these patients they called them "Torsades de Pointes" (T.D.P)  $\rightarrow$  (twisted points)

But at that time they do not knew why long QT interval or T.D.P occur.

Now they know that why QT-interval are long (B/c their K<sup>+</sup>-channel is not working well)

later on they discovered that in such a patient when repolarization is going to occur, large number of Na<sup>+</sup>-channel recover from inactive to resting phase & they trigger action potential.

similar type of problem also occurs when Na<sup>+</sup>-channels are mutant, they develop T.D.P.

T.D.P are associated with long QT-interval.

These days we are using many drugs which make these K<sup>+</sup>-channels slows & produce complications like T.D.P.

Many drugs which block K<sup>+</sup>-channel, prolong QT-interval and produce risk of T.D.P

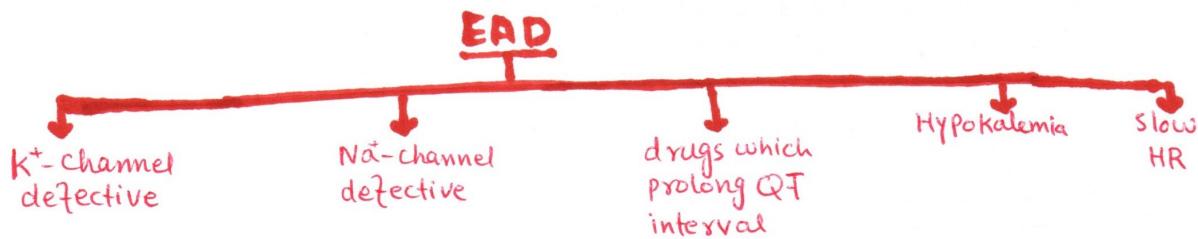
④ Hypokalemia: can also produce trouble like this.

K<sup>+</sup> wasting diuretics also cause hypokalemia.

Normally cells are bag of K<sup>+</sup>.

when person have severe hypokalemia, not only K<sup>+</sup> is less in circulation But K<sup>+</sup> is also less in the cells. so in these patients during repolarization K<sup>+</sup> comes out slowly. in these patients EAD occurs & this will fes Tachyarrhythmia.

⑤ Low HR also lead to EAD, (when HR↓es whole process of AP ↓es)

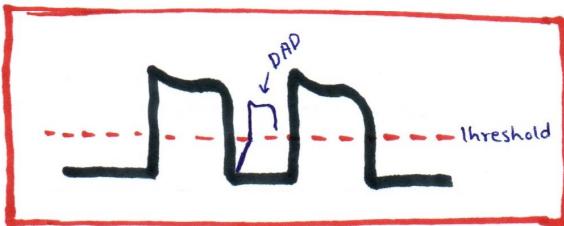


On of way to prevent T.D.P is to make HR fast.

## DELAYED AFTER DEPOLARIZATION (DAD)

DAD which occur after normal repolarization occurs.

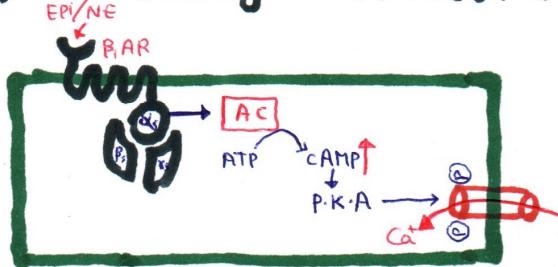
when  $\text{Ca}^{+}$  move into cell,  
it overload cell with cations.  
This overloading of  $\text{Ca}^{+}$  does not  
allow the cell to remain at rest.



This Extra  $\text{Ca}^{+}$  will move the Action potential toward threshold, this will produce DAD; & increase risk of Tachyarrhythmia.

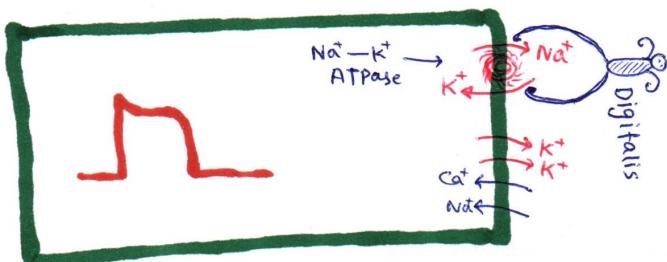
### cause of DAD

#### (1) Adrenergic stress: ( $\uparrow \text{Epi or NE}$ )



When  $\beta_1$  AR are stimulated, it stimulate  $\alpha_s$  unit of  $G_s$  protein, which activate AC which convert  $\text{ATP} \rightsquigarrow$  into cAMP, the cAMP activate P.K.A  $\rightarrow$  which phosphorelate  $\text{Ca}^{+}$ -channel, so a lot of  $\text{Ca}^{+}$  influx occur. So cell will loaded with extra  $\text{Ca}^{+}$ .

#### (2) Digitalis Toxicity: also increase cation overloading of cell.



Digitalis block  $\text{Na}^{+}-\text{K}^{+}$ ATPase, so  $\text{Na}^{+}$  move in but not come out, so  $\text{Na}^{+}$  will find another way to escape so,  $\text{Na}^{+}$  come out by  $\text{Na}^{+}-\text{Ca}^{+}$ exchanger by this way  $\text{Ca}^{+}$  rises in the cell which cause Tachyarrhythmias.

#### (3) Ischemic cells

All ischemic cells have low  $\text{O}_2$ , so low ATP, will produced  $\rightarrow$  less activation of  $\text{Na}^{+}-\text{K}^{+}$ ATPase, so  $\text{Na}^{+}$  come out by  $\text{Na}^{+}-\text{Ca}^{+}$ exchanger more  $\text{Ca}^{+}$  move in which cause Tachyarrhythmia.

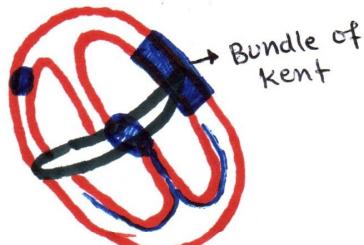
This problem is solved by  $\text{Ca}^{+}$ -channel blocker "VERAPAMIL". But to ischemic patient we can't give VERAPAMIL b/c such tissues are already contracting weakly &  $\text{Ca}^{+}$ -channel blocker further inhibit the cell activity.

Another way is to give  $\text{Na}^{+}$ -channel blocker to patient than inspite of fluctuating No depolarization occur.  $\text{Na}^{+}$ -channel blockers Trap the cell in inactive phase.

## Abnormalities of impulse conduction

### Re-entry

Anatomical defined Re-entry  
e.g WPWS  
(wolf Parkinson white syndrome)



In normal heart conduction pathway is from:  
SA → Atria → AV → Bundle of his → Purkinje → ventricles

In WPWS abnormal pathway is developed B/w atria & ventricles this is called "Bundle of Kent" actually these patients have normal rhythm but sometime these develop severe Tachyarrhythmia How Tachyarrhythmia are produced in WPWS? These Tachyarrhythmia are produced when some abnormal focus in atria will fire.

### Functionally defined Re-entry

This type is seen in patient with ischemic heart disease who have developed fibrillation,

B/c multiple areas in ventricle is ischemic and multiple pathways are produced impulse pass through some pathways & fail in other pathways & one impulse produce many daughter impulses.

\* patient with after myocardial infarction ie post MI patient, have multiple areas of ischemia, they have high risk to develop Tachyarrhythmias.

patients with ischemic heart disease eventually die of Tachyarrhythmia

\* if patient have multiple areas of ischemia heart become electrically & mechanically abnormal.

→ this electrical abnormal myocardium will produce ↓ S.V → ↓ HR so → ↓ CO → ↓ filling of root of aorta → so further ischemia.

### Impulse Block



In this condition AV-node is unable to pass impulses from atria to ventricles.

- AV - may be ischemic
- AV - may be suppressed

AV-node suppressors:

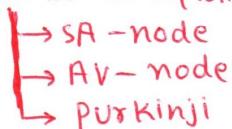
- ① β-blocker
- ② Ca<sup>2+</sup>-channel blocker
- ③ Digitalis (stimulate vagal outflow)
- ④ Adenosine

Bundle of Kent have  $\text{Na}^+$  dependant depolarization, so it is fast response accessory pathway.

electrical property of bundle of Kent is somewhat like atrial cells.

i.e. in this patient there are two connections b/w Atria + ventricles

① Slow response pathway which is due to " $\text{Ca}^{2+}$  influx"



② Fast response pathway which is due to " $\text{Na}^+$  influx"



In These patients impulse from SA-node  $\rightarrow$  Atria  $\rightarrow$  AV-node  $\rightarrow$  Bundle of Kent

from both of them impulse pass downward

\* Normally there is no refractory

\* They are refractory to each other (i.e. a patient which is depolarized by AV-pathway should not be depolarized by bundle of Kent.)

most of patient with WPW does not have Tachyarrhythmia, but they have increase chance of Tachyarrhythmias.



Further development of multiple areas in myocardium with different mechanical and electrical activity cause further Tachyarrhythmia, leading to further failure of mechanical activity of heart.

further reduction in cardiac output decrease filling of coronary system, further increase of ischemic spots.

\* some conducting normally

\* some conducting not at all.

\* some conducting through one pathway but not on other so multiple Re-entry mechanisms will start, & in ventricle there are 100 to 1000 of areas with such cycling moving.

## When and How these patients develop Tachyarrhythmia?

They develop Tachyarrhythmia when atria have some ectopic foci.

Let us consider from ectopic foci impulse generated and able to pass through only

(1) One Pathway as impulse move downward these impulses move upward in bundle of Kent, which is already depolarized by SA-node, impulse is again ready for conduction, so impulse pass through bundle of Kent to atria, and again come down through AV-node, this whole cycle take 0.3sec

this cycle occurs every 0.3sec so rate of ventricular contraction increase, leading to tachyarrhythmia, b/c there is much of Re-entry.

i.e.: Ectopic foci in atria → AV → ventricle →  
Bundle of Kent → Atria → AV → →

Sometime AV-node is not able to conduct, while bundle of Kent is able to conduct, so impulse move from

ectopic foci in atria → Bundle of Kent → ventricle → AV-node →  
bundle of Kent in atria → ventricle → →  
B/c by that time AV-is recovered from refractory period  
this reverse cycle again takes up 0.3sec, so there are 200 cycles in 60 sec.

If there is a problem b/w Atria & ventricle, this is called Junctional Tachyarrhythmia

such conditions are blocked by

Ca<sup>2+</sup>-channel blocker (block AV-node)  
Na<sup>+</sup>-channel blocker (block bundle of Kent)  
any drug which suppress Ectopic foci

If any patient of MI recover from Na<sup>+</sup> inactive to Na<sup>+</sup> Resting phase, it is stimulating by any nearby circle movement, & it undergoes abnormal depolarization.  
\* on this way patient with smear ventricular Tachyarrhythmia goes to Mechanical failure & progressive further decrease in coronary supply → further ischemia → further electrical abnormalities & patient goes into Ventricular fibrillation

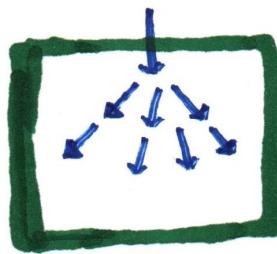
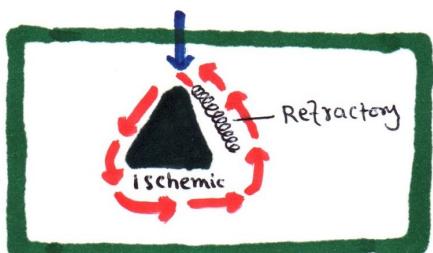
\* similarly if patient with ventricular flutter not treated invariably goes into Fibrillation.

$$\begin{aligned}1 \text{ cycle} &= 0.3 \text{ sec} \\10 \text{ " } &= 3 \text{ sec} \\100 \text{ " } &= 30 \text{ sec} \\200 \text{ " } &= 60 \text{ sec}\end{aligned}$$

There are 2 pathways to discuss Re-entry.

① WPWS → Anatomical Re-entry

② Any abnormal piece of Myocardium which has two conduction pathways, both of which have different electrical property → Functional Re-entry



If impulse enter into myocardium, & myocardium have Ischemic area than such impulse divided into two, but if one conduction pathway is normal and other is refractory. Then impulse pass forward from normal pathway so whatever, impulse pass from normal Pathway.

It pass all way round until refractory tissue become recover, so it also pass from this area and continue as a cycle which occur again & again this lead to Tachyarrhythmia.

i.e. This pathway does not allow antigrade impulse conduction but allow retrograde impulse conduction.

\* Arrhythmias are produced by Electrical, & Mechanical abnormalities in myocardium.

# ARRhythmia

Abnormality in impulse Generation

Abnormality in impulse conduction

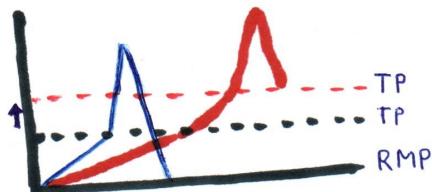
Abnormality in Spontaneous Automaticity

Triggered Automaticity

EAD

DAD

- \* This tachycardia is treated by  $\text{Ca}^{+}$  &  $\text{Na}^{+}$ -channel blocker  
So, influx of  $\text{Na}^{+}$  &  $\text{Ca}^{+}$  decreases.



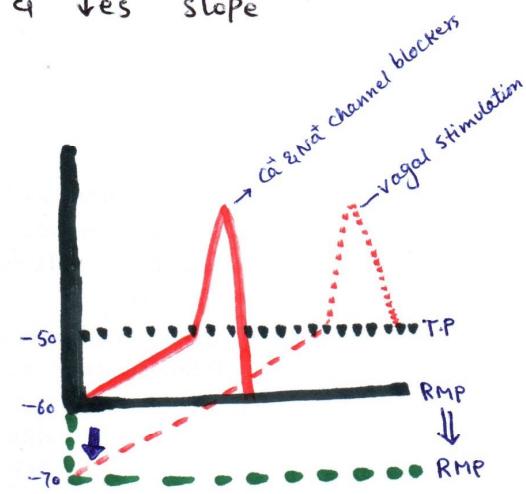
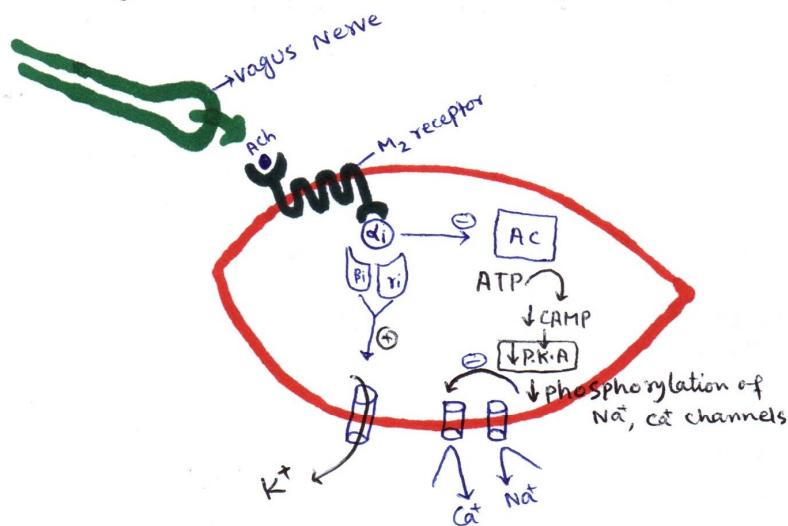
Abnormality in spontaneous automaticity  
we can't treat such tachyarrhythmia by:

- ① ↓ the slope
- ② down RMP (hyperpolarize the cell)
- ③ ↑es T.P
- ④ ↑ duration of Action potential

This  $\text{Na}^{+}$  &  $\text{Ca}^{+}$  channel blocker:

- ① reduce slope of phase 4 (diastolic current)
- ② increasing threshold potential

\* Vagal stimulation decreasing RMP & ↓es slope



So the cell become more electronegative (Hyperpolarized OR ↓ diastolic potential). b/c RMP goes from  $-60 \rightarrow -70$ .

### \* Adenosine (IV)

Adenosine work on Quinergic receptor & lead to loss of  $K^+$ , by activation of  $K^+$ -channel.

Adenosine work like Ach, block the phosphorylation of  $Ca^+$  &  $Na^+$  channel & open  $K^+$  channel

Adenosine  $\Rightarrow +\downarrow es$  slope

$* \downarrow es$  RMP

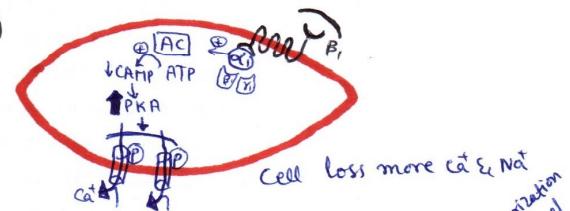
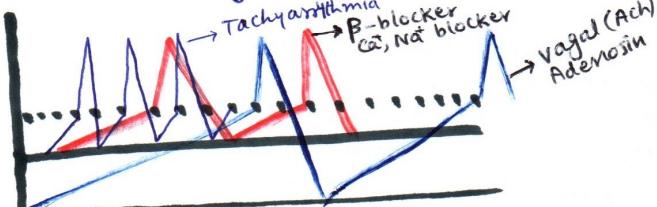
So Tachyarrhythmia will disappear.



Adenosine work more on AV-node, but also work on SA + Purkinji.

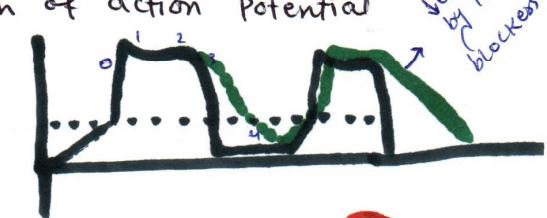
### \* B-Blockers

only decrease the slope

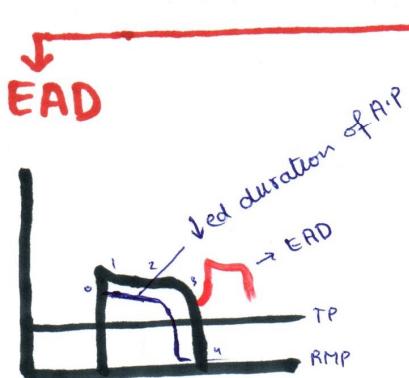


### \* $K^+$ -channel blocker

$K^+$ -channel blockers ↓ing efflux of  $K^+$ , so ↓ing Repolarization, so duration of action potential ↑es. These drugs ↑ RISK of T.D.P



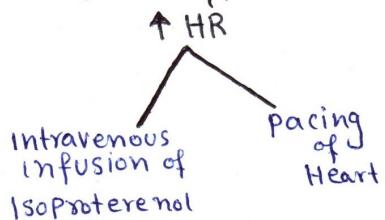
## Triggered Automaticity



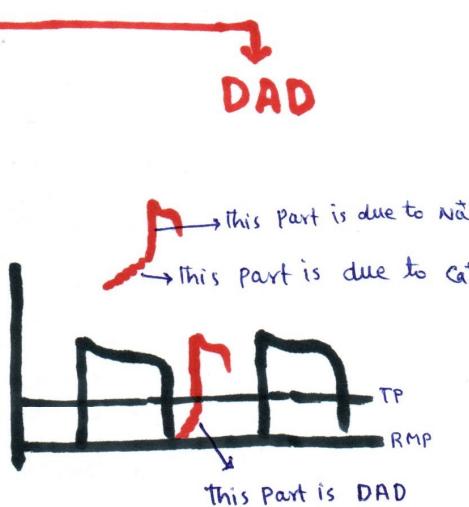
Strategies to treat these patients:

- ① ↓es Duration of action potential

one way is to slightly ↑ HR



- ② give  $Mg^{+}$ : it interfere with recovery of  $Na^{+}$  from inactive to Resting phase



Strategies to treat these patients

- ①  $Ca^{+}$ -channel blocker
- ②  $Na^{+}$ -channel blocker

## Abnormality in impulse conduction

### Anatomically defined Re-entry

e.g.: WPW's



- ①  $Ca^{+}$ -channel blocker are very good in these patients b/c
    - ⓐ ↓ slope
    - ⓑ ↑ threshold
    - ⓒ ↑ duration of action potential
  - ② Digitalis (stimulate vagus) → ↓ slope
  - ③  $\beta$ -blocker
- All these drugs inhibit AV-node

### Functionally defined Re-entry

- Fast response tissue
- \* Atrial Myocytes
  - \* Purkinje fiber
  - \* ventricular Myocytes
- slow response tissue
- \* SA-node
  - \* AV-node
- $Na^{+}$  dependant depolarization
- ↑ E RP (Effective refractory period)
- $Ca^{+}$  dependant depolarization

## Fast Response Tissue

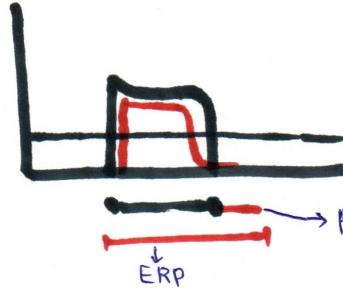
ERP can be increased by

- \*  $\text{Na}^+$ -channel blocker OR
- \*  $\text{K}^+$ -channel blocker

what bring the ~~is~~ inactive  $\text{Na}^+$  channel to Resting  $\text{Na}^+$  channel.

- ① As repolarization end most of  $\text{Na}^+$ -channels automatically move from inactive to resting phase.
- ② ↑ed inactive phase
  - \* May be by  $\text{K}^+$ -channel blocker (which increase repolarization) that will help to prolong ERP (& keep most of  $\text{Na}^+$  channel in inactive phase)
- ③  $\text{Na}^+$ -channel blocker
  - ④ decrease the slope of upstroke
  - ⑤ decrease the conduction velocity

so Inactive  $\text{Na}^+$  channel takes more time to move to resting phase.



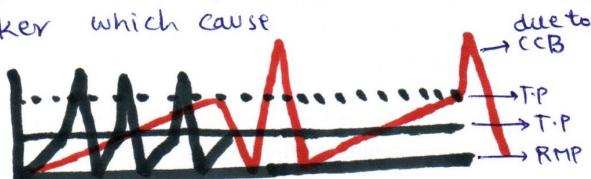
initially there is only antegrade block.  
By increasing ERP we also gets Retrograde block

ERP IS the time duration for which myocardium is resistance to produce next stimulation  
ie from active  $\rightarrow$  inactive  $\text{Na}^+$  channel

## Slow Response Tissue

These are  $\text{Ca}^{2+}$  dependant depolarization so we give:

- ⑥  $\text{Ca}^{2+}$ -channel blocker which cause
  - ① ↓ slope
  - ② ↑ threshold



End of  
ANTIARRHYTHMIC  
Drugs  
By: Zahirullah Yousafzai

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