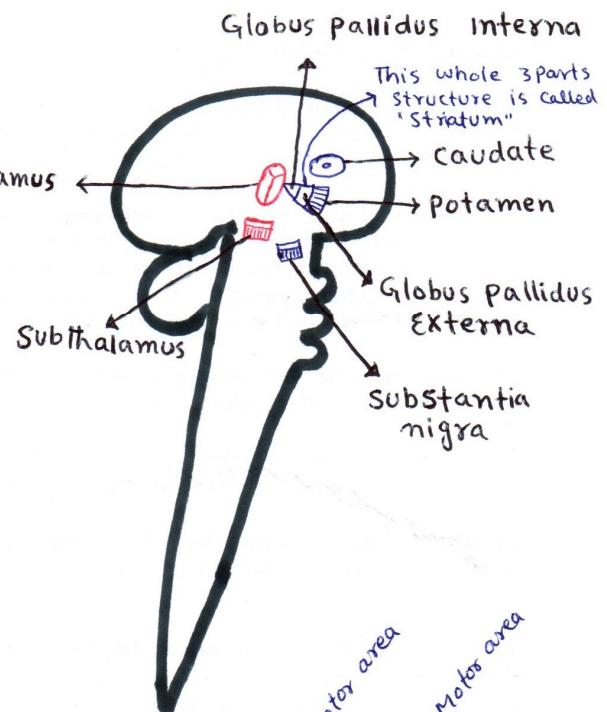
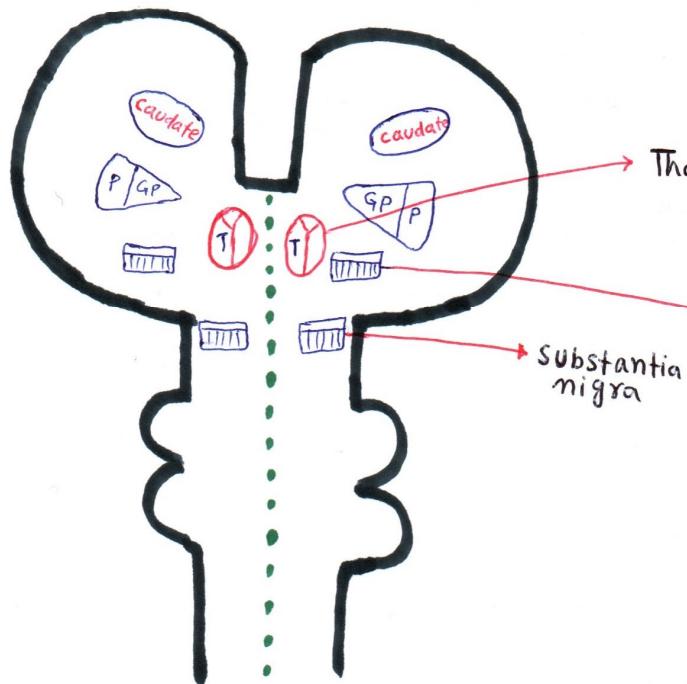


DRUGS USED IN PARKINSON'S & Alzheimer's Disease

By: Zakir ullah yousufzai



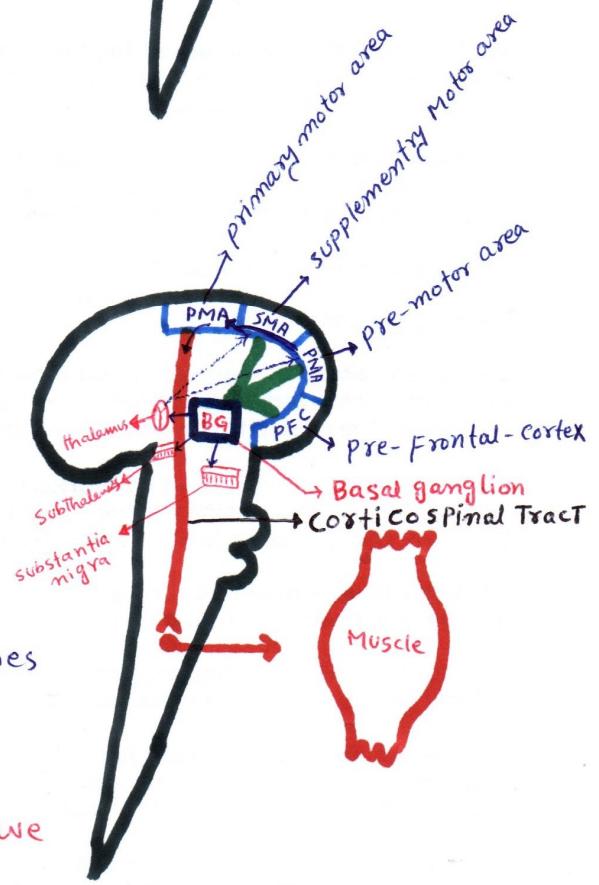
→ Pre frontal cortex is concerned with:
* Thoughts & personality

When we decide to initiate a movement signal pass from:

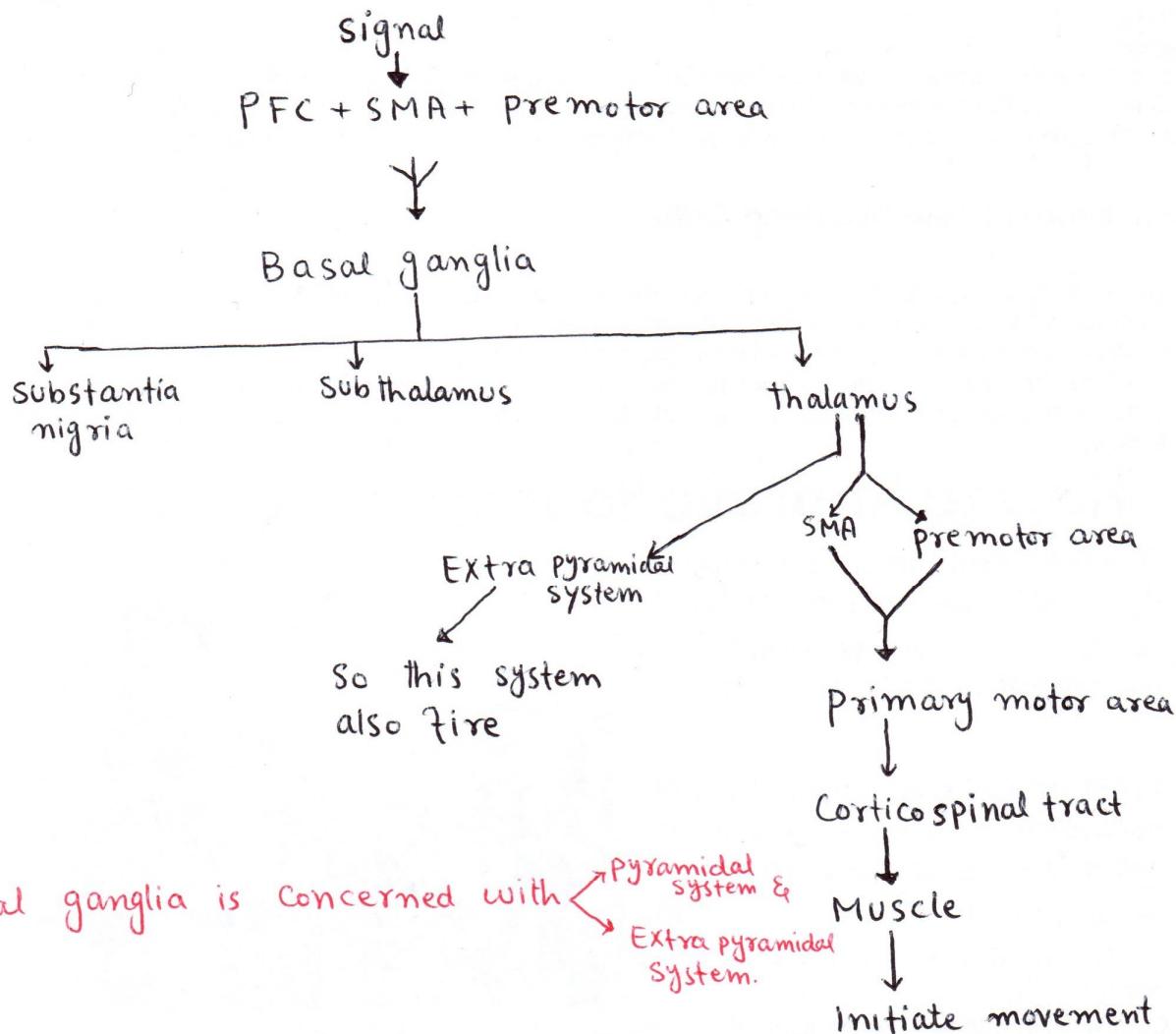
- SMA
- Pre-MA &
- PFC

to basal ganglia, b/c Motor programmes for movement are present in Basal ganglia.

E.g: A child can't write or type, but we can, b/c of training.
This training develops a circuit in Basal ganglia.



So when we initiate a movement, movement programs from motor cortices come to basal ganglia & program is activated.



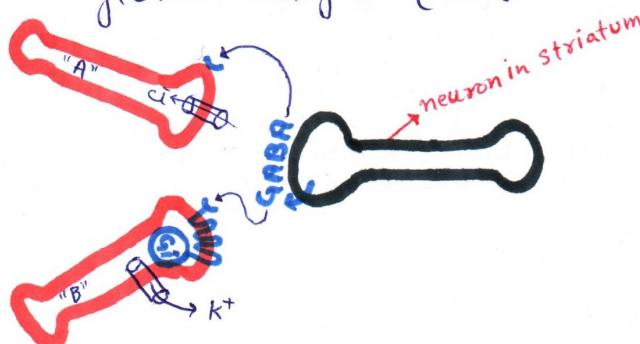
* Pyramidal system is concerned with:

- final voluntary movements

* Extra pyramidal system is concerned with:

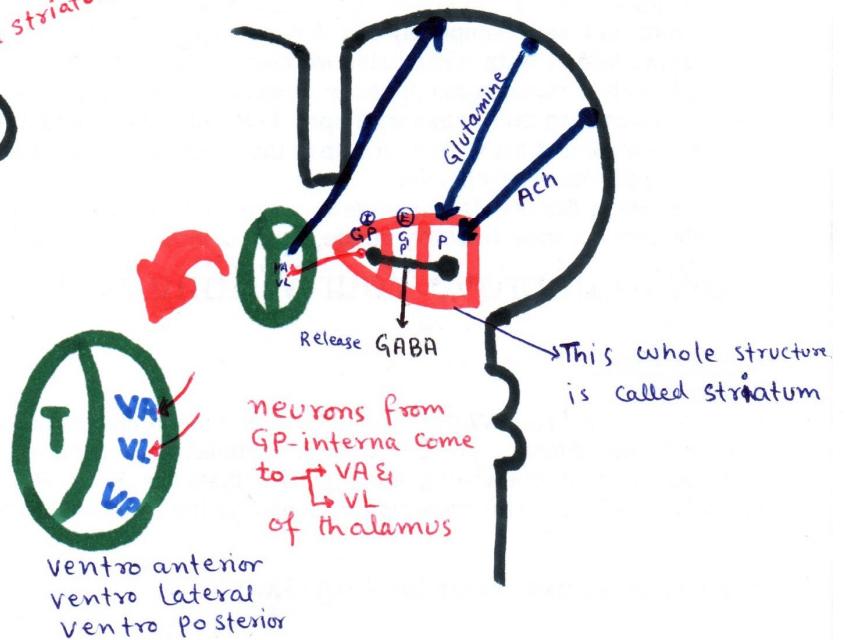
- Tone
- Posture
- initiation of purposeful movements

Corticostriatal fibers are stimulatory fibers, some are releasing Acetylcholine → which are called cholinergic fibers, & some are releasing Glutamine → which are called glutaminergic fibers.



Direct Pathway

There is a special inhibitory neurons in striatum pass to "Globus pallidus interna" & release GABA



ACTION OF GABA

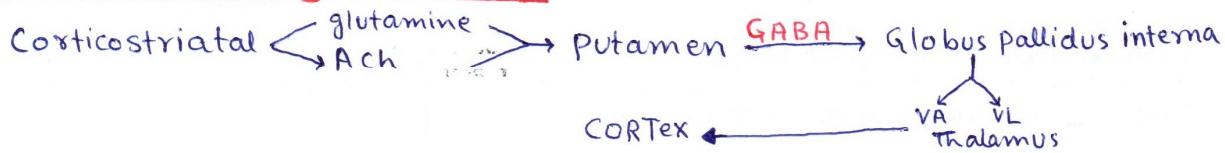
GABA "A" Receptor

- ↓ special channel for Cl^- opens
- ↓ more Cl^- move in
- ↓ Cell become electronegative

GABA "B" receptor

- ↓ have G_i receptor
- ↓ Open K^+ -channel
- ↓ K^+ comes out
- ↓ Cell become electronegative.

Direct Pathway Summary:



→ Indirect Pathway

Corticostriatal Pathways → putamen

Globus Pallidus Externa

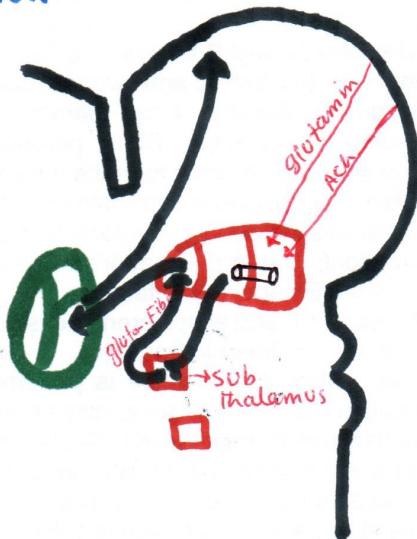
Subthalamus

gln fibers

Globus pallidus interna

VL VL
thalamus

Cortex



Nigrostriatal Pathway

Substantia nigra

Concerned with
Direct Pathway

Concerned with
Indirect pathway



* Substantia nigra helps in initiation of movement

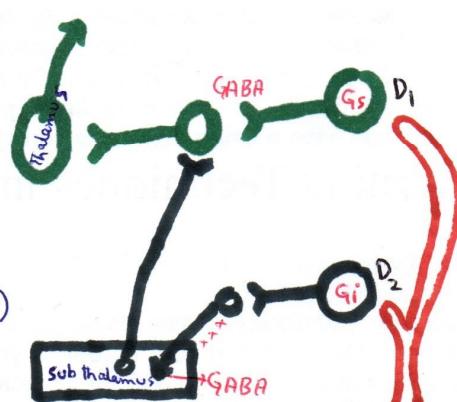
Action on Direct Pathway:

Substantia nigra → Dopamine → D₁R
on Direct Pathway

So this pathway will be stimulated (G_s)

If release more GABA one next neuron
the next neuron are inhibited

This inhibited neuron does not inhibit (b/c this is itself inhibited & no action potential occur in this) and doesn't release GABA, so the neuron of thalamus fire to Motor Cortex → which stimulate corticospinal → muscle contraction occurs



Action on Indirect Pathway

Substantia nigra → Dopamin on D_2 of indirect pathway →

G_i → this neuron get inhibited



this neuron does not release GABA on next neuron



So next neuron automatically fire on next neuron



This neuron release GABA on next neuron (sub thalamus)



So this next excitatory neuron is inhibited



So it doesn't stimulate next neuron (Globus pallidus interna)



So next neuron does not secrete GABA (on Thalamic neuron)



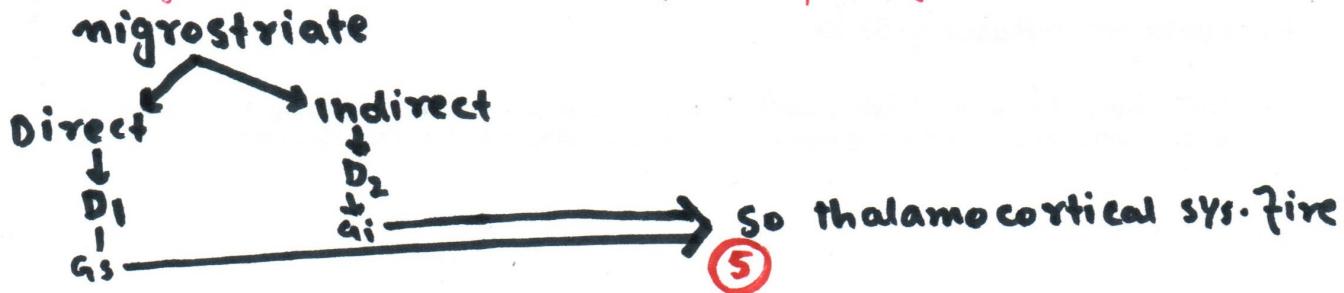
So thalamic neuron does not inhibited, & they will fire on cortex.

For movement to initiate we need to block GABA release on thalamic neuron.

How this pathway is inhibited?

This pathway is inhibited by nigrostriatal pathway both by Direct & indirect pathways

Nigrostriatal pathway is dopaminergic pathway, this pathway is originated from Pars Compacta of Nigrostriatal



Thalamus have many nuclei, large number of tracts from globus pallidus to thalamus are present.

Pallidothalamic pathway:

This pathway is determining firing of thalamocortical pathway.

In parkinson's disease by the age (\uparrow 50y) neurons originating from pars compacta, of sub nigra undergo degeneration.

Human brain have more than 10 Billions of neurons.

on average every one neuron communicating with 10,000 other neurons.

when nigrostriatal pathway degenerate, there is decrease in Dopamine release.

In a normal person there is balance b/w neurotransmitter release.



in parkinson's disease Dopamine decrease and Acetylcholine are uncompensatedly increase, so there is primary defect in the Dopamine Pathway, such person suffer with two problems:

- ① with decreased dopamine related activity.
- ② with increased Acetylcholine related activity.

★ Direct pathway disturbed

e.g. \downarrow Dopamine \rightarrow \downarrow G_s \rightarrow 1st neuron does not release GABA \rightarrow 2nd neuron is stimulated \rightarrow this 2nd neuron release GABA on excitatory neuron (thalamic neuron) & inhibit them, so such person is unable to initiate a movement.

⑥

Indirect Pathway also disturbed
e.g.

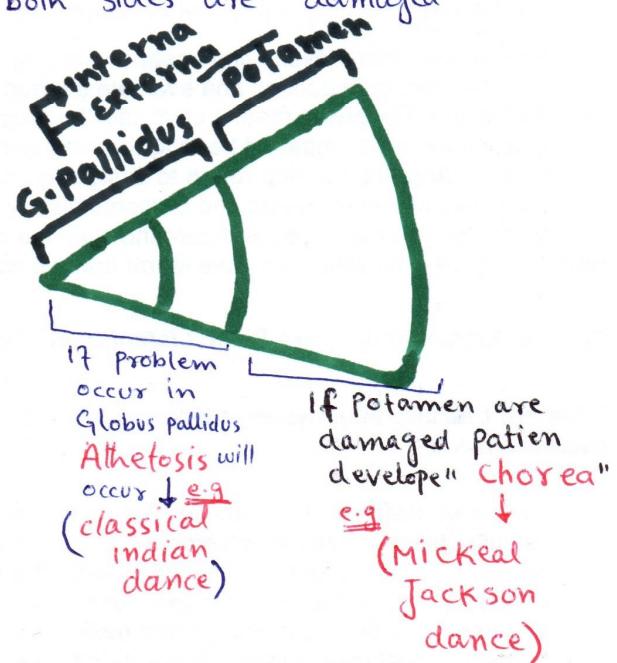
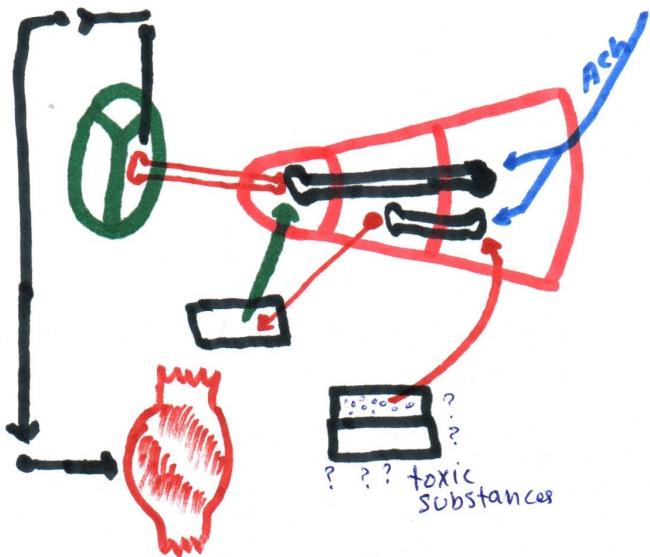
\downarrow Dopamine \rightarrow \downarrow GABA \rightarrow neuron is not inhibited \rightarrow this release GABA on next neuron \rightarrow this neuron does not release GABA on next neuron (subthalamic) \rightarrow so it does not release GABA on next neuron (Globus pallidus interna) \rightarrow This neuron release GABA on next neuron (thalamic neuron) & inhibit this neuron \rightarrow so person is unable to initiate movement.

In Parkinson's disease Person have:

- ① Mask like face
- ② Serpentine eyes (snake like)
- ③ Micrographia etc
- ④ Athetosis \rightarrow slow semipurposeful movements

• **Hemiballismus:** If subthalamus of one side is damaged problem occur in Tone, specially at Pelvic & shoulder girdle (like Ababik dance)

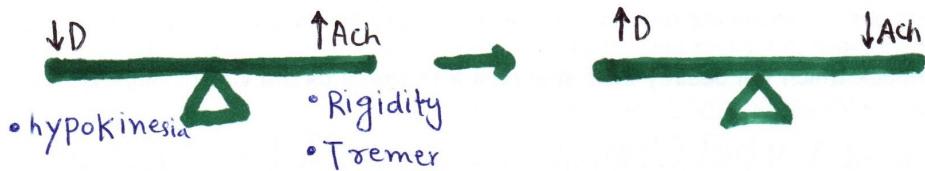
• **Ballistic:** If subthalamus of both sides are damaged



If degeneration of nigrostriatal neuron occurs by Toxic substances we give such drug which doesn't cause further degeneration.

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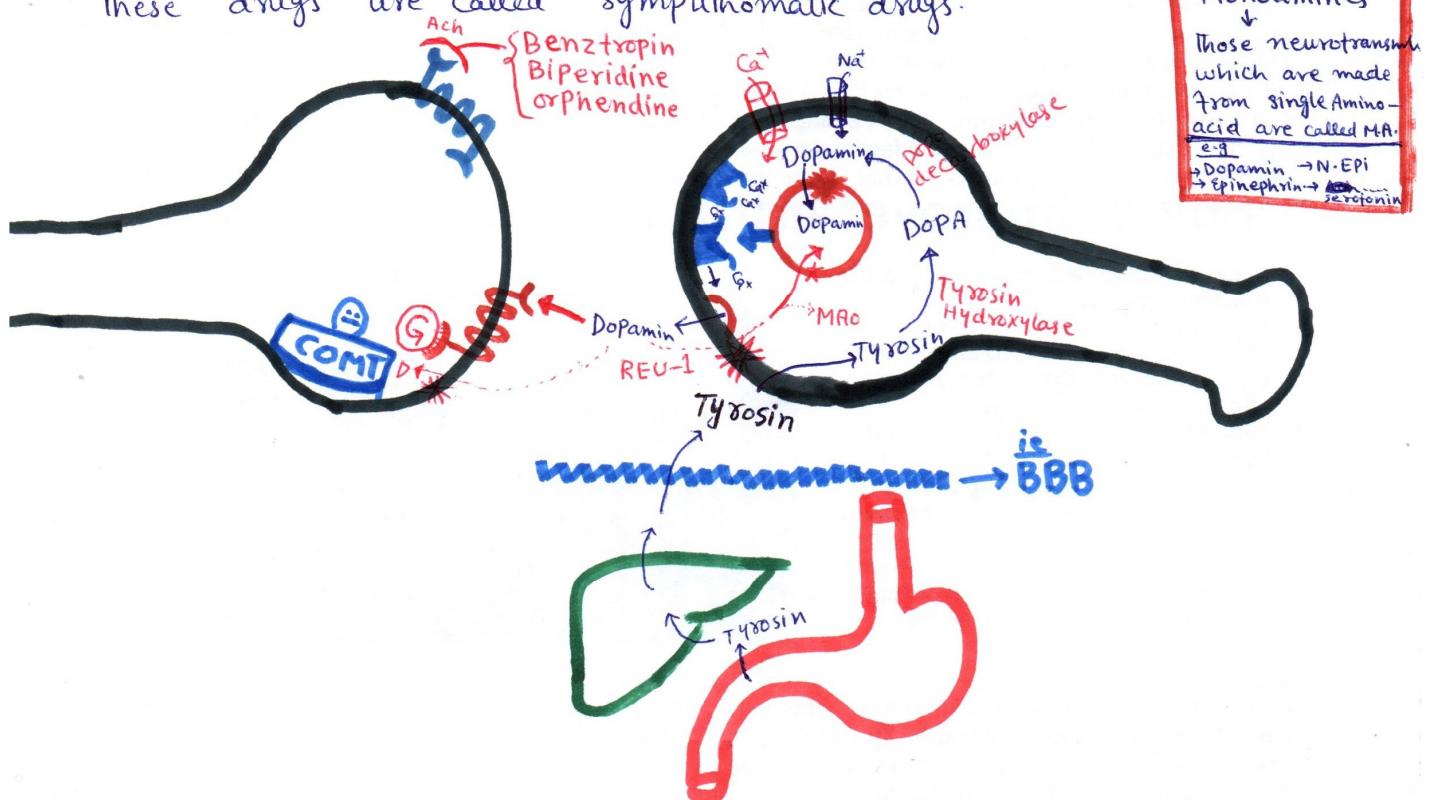
Currently drugs which are used, restore the level of neurotransmitter.



If Dopaminergic Drugs are given 1st hypokinesia are corrected & by the time when balance b/w Dopamine & Acetylcholine is achieved, all symptoms are corrected.

If we give anticholinergic drugs, Acetylcholine decreases, so rigidity & Tremor corrected.

These drugs are called sympathomimetic drugs.

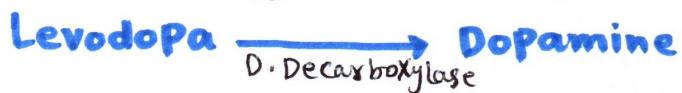


How we increase the dopaminergic activity?

- ⊗ Increase the synthesis of dopamine
 - In cerebral arteries endothelial cells are placed very closely, they doesn't allow every thing to pass.
 - Reuptake-1 mechanism is present on all monoaminergic nerve endings e.g: Epi, N-Epi, Dopamine, serotonin. 8

① Levodopa:

Given orally → pass through circulation → cross BBB → enter into remaining Nerve ending (other than degenerated)



Levodopa increase the synthesis of Dopamine by acting of Dopa-decarboxylase, & convert Levodopa to Dopamine

This large amount of Dopamine make good for whatever Dopamine lost.

Dopamine is not given directly b/c it is highly polar compound therefore can't cross the GIT mucosa & BBB.

② Amantadine: (an antiviral drug)

- ① ↑ synthesis of Dopamine
- ② ↑ Release " "
- ③ ↓ Reuptake " "

③ Dopamine Receptor agonist: (these drugs stimulate the Dopamine receptor)

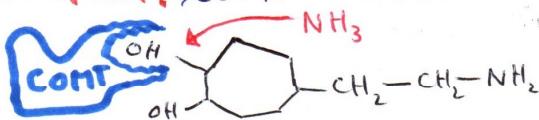
- ① Bromocriptin
 - ② Pergolide
 - ③ Pramipexol
 - ④ Ropinirole
- Ergot derivative
Alkalides

Destruction of dopamine is prevented by given COMT-inhibitor or MAO-inhibitor or inhibitor of both

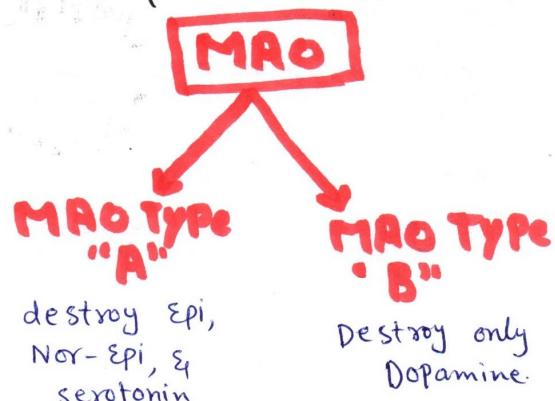
So on this way whatever dopamine is formed as stored & does not be destroyed.

④ Selegline: ⇒ MAO-Type "B" inhibitor

⑤ Tolcapan: ⇒ COMT-Inhibitor



⑥ Benztrapin, Bipridine, Orphenidine ⇒ Cholinergic Receptor blocker



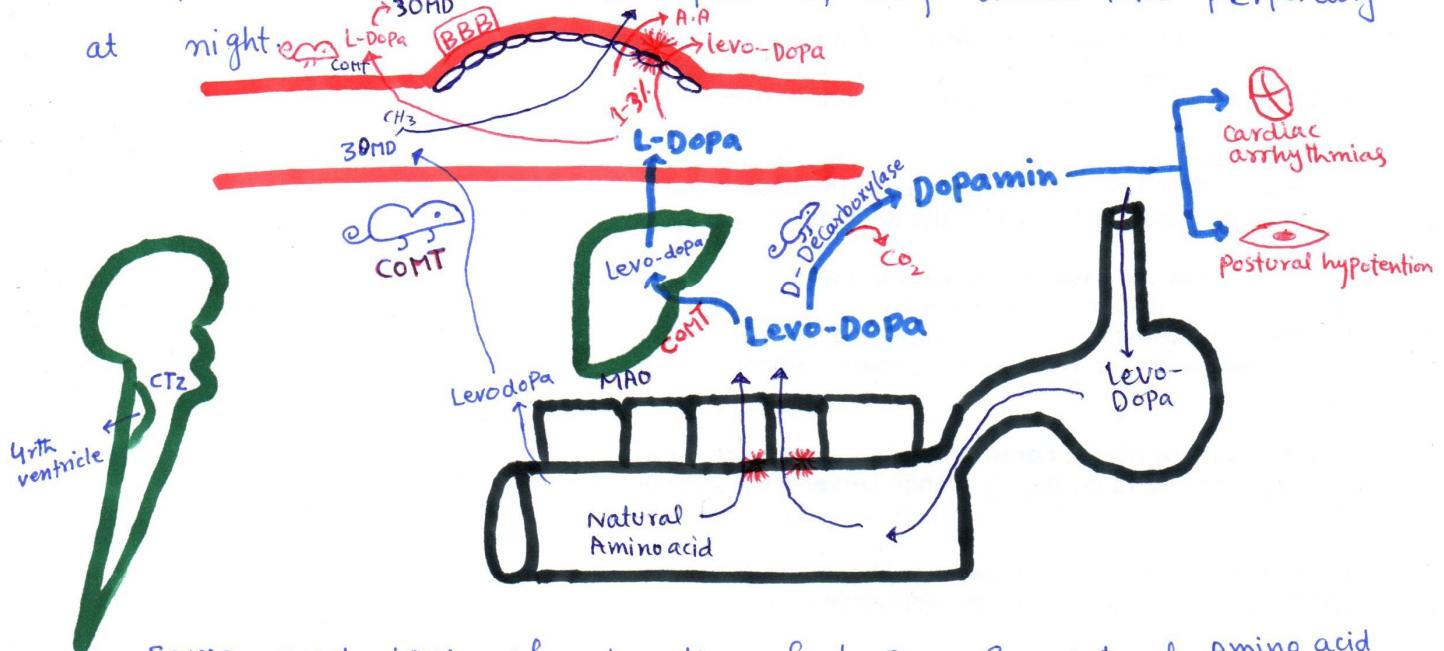
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Levo-Dopa:

It is given orally about 4omin or 1hr before meal because its absorption depends on Gastric HCl, and its absorption occur by same pathway as like natural Amino acids.

natural Amino acid e.g: Leucine, Isoleucine.

If we take heavy meal e.g meat, than excess Aminoacid is absorbed by this pathway, while levo-dopa does not absorb, So if these patients like proteins, they should take preferably at night.



Same mechanism of absorption of L-Dopa & Natural Amino acid also occur at BBB.

whatever Levo-dopa is taken only 1-3% reached to CNS, while other is converted by D-Decarboxylase into dopamine & release CO_2 . this dopamine act on Heart and vascular system.

* They stimulate Cardiac arrhythmias e.g: sinus Tachyarrhythmias

* By acting on vessels it produce postural hypotension, this peripheral Dopamine produce many side effects.

Area in 4th ventricle "postrema area" where chemotransmitter zone (CTZ) lies, this Dopamine also stimulate this area & produce nausea & vomiting.

We want more Lero-Dopa to reach to CNS, & less is converted into Dopamine in periphery.

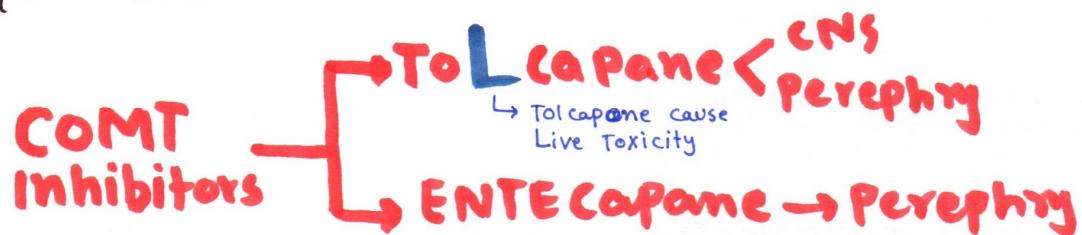
For this purpose we need to destroy this peripheral dopamine-decarboxylase enzyme, by giving **Carbidopa** along with Lero-dopa.

So, peripheral Dopamine \rightarrow ↓ peripheral side effects.

More Lero-dopa reach to CNS, ↑ Dopamine release by nerve endings, so on this way Parkinson's symptoms relieve in atleast $\frac{1}{3}$ of patients.

This Carbidopa increase Lero-dopa to CNS by about 10% i.e. from 1-3% to 10%; but still 90% drug is destroyed in periphery.

whatever Dopa is escaped from Dopa decarboxylase is captured by **COMT** enzyme & this enzyme cause methylation of Dopa, this methylated product produce no side effects but this come in competition with Lero-dopa in absorption from BBB



As Tolcapone cause problems,^{so} we give to such patients Entecapone b/c it act only on periphery.

while Tolcapone produce Liver Toxicity and acts both on CNS & periphery.

* If we prescribe Tolcapone we must take a written consent from patient & check the LFT each time.

* This COMT inhibitor ↑es Lero-dopa into CNS, But this ↑es Lero-dopa to CNS will be converted in nerve ending to Dopamine, this high level of dopamine will produce **Dyskinesia**. i.e. Central side effects. \hookrightarrow (in Basal ganglia)



As this high level Dopamine reach to mesolimbic system it will stimulate psychiatric pathway.



Levo-Dopa + Carbidopa = Sinemet

Levo-Dopa + Carbidopa + Entacapone = STALEVO

when Levo-dopa is used for treatment in initial few years symptoms disappear, but after that effects decreases and more side effects appear.

why different people have different degree of responsiveness to L-dopa?

when parkinson's become well developed about 70—80% of Nigrostriatal pathway is destroyed.

Levo-dopa does not correct destroyed neurons, it only increase work of normal neuron, so when treatment with levo-dopa starts patient initially feel better because enough Dopamine is synthesized and released by remaining Normal Neurons, But if treatment is Continue as more neurons progressively decrease by age, so number of neurons available for action decreases, so Capability of remaining neurons to keep Nigrostriatal activity is decreased, so efficiency of drug is decrease → ie: why drug loses its action in 3–5 years.

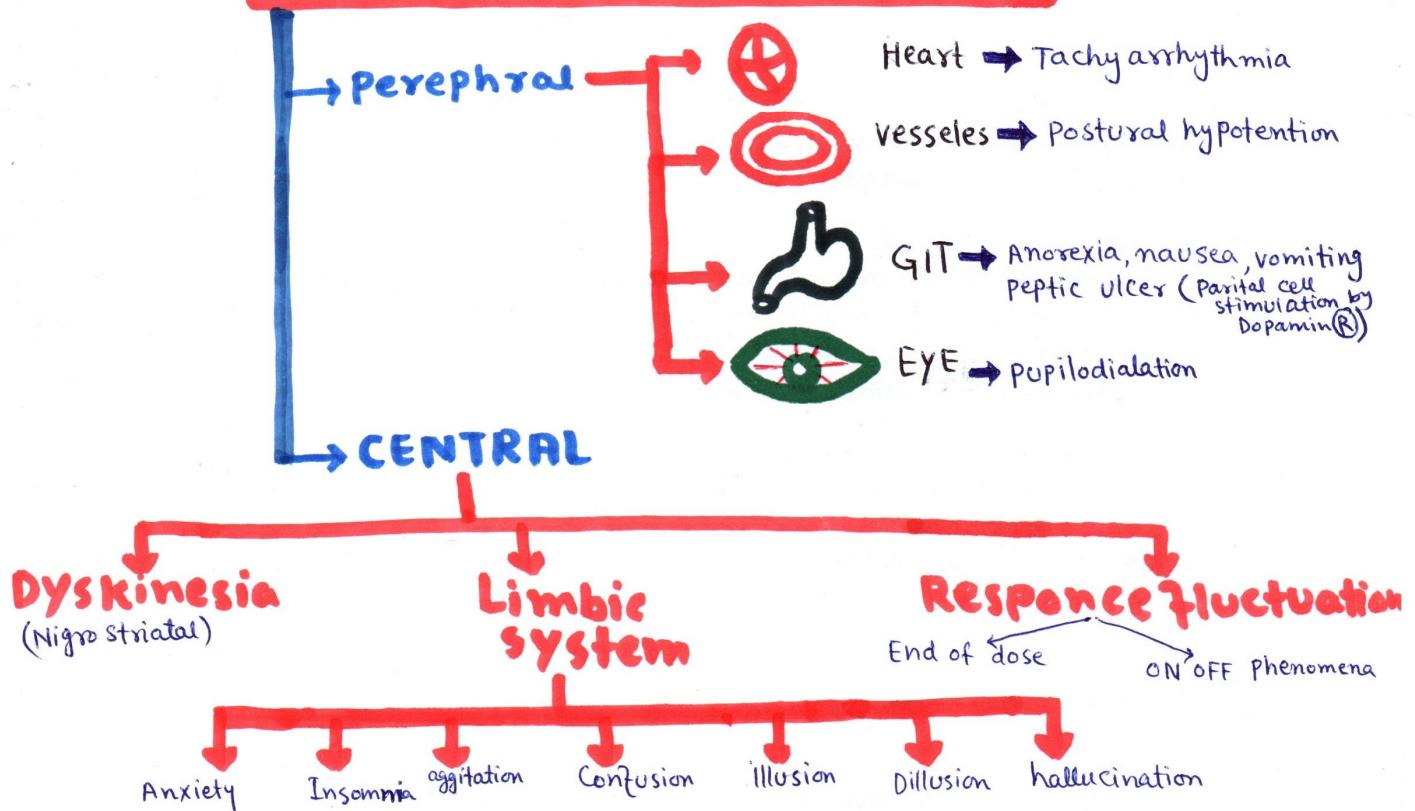
some people believe Dopamine in CNS is broken down to Metabolites, which further destroy the remaining neurons, so it is better to initially start with drug which increase dopamine receptor.

↓ Responsiveness to drug

↓ the number of neurons

changes in Postsynaptic membrane

Side effects of Levodopa

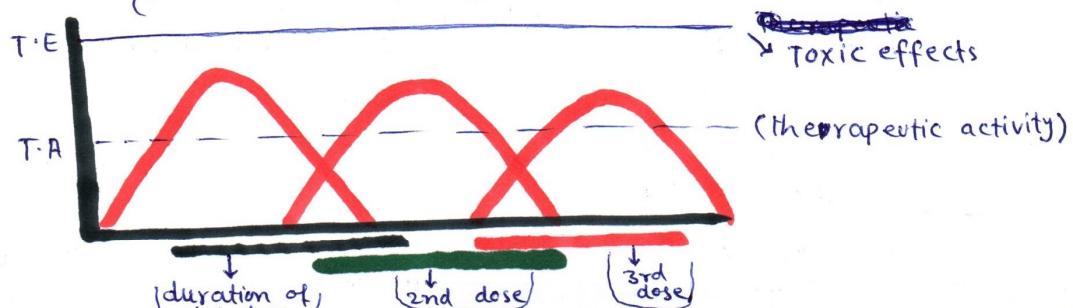


END of Dose

e.g: Some patients on Levodopa initially have good response but after that they produce side effects.
ie: End dose of Akinesia.

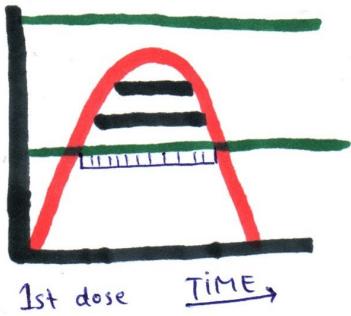
ON-OFF phenomena

Let us suppose someone take Levodopa with 6-hour interval, then initially after 1st dose as dopamine form, it work well than progressively as number of neurons decreases, so they decrease capability to synthesize and store enough dopamine, so Dopamine activity decrease before next dose



If drug level is more than therapeutic activity than it cause therapeutic action. (13)

- * If drug level is more than therapeutic activity, then it cause therapeutic action.
- * If drug level is less than therapeutic activity no beneficial effects occurs.
- * If drug level is b/w therapeutic & Toxic effects, it produce good actions.
- * If drug level is above Toxic effect, it produce Toxicity.
But As by time Number of neurons decreased, so the capability to form Dopamine also decreased by End of the dose.



In This patient initially Therapeutic action occurs at all neurons.

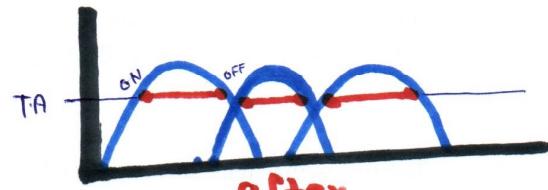
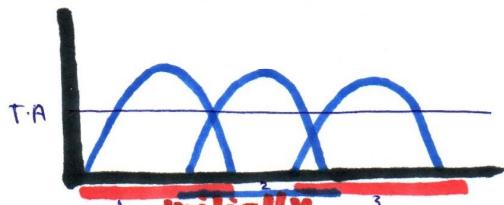
with the time duration of action decreases.

e.g initially even small amount of drug produce large effects.

By the time number of neurons decreases, so inspite of increasing drug further action reduced.

- * Initially effect of 2nd dose occurs before 1st dose lost, effect of 3rd dose occur before 2nd lost, but by the time as number of neurons decreases.

After therapeutic time increase, so action of drug now start at high level and ends earlier.



Patient now **initially** undergoes ON-OFF Phenomena.

① Number of neurons become less

② destruction of post synaptic membrane

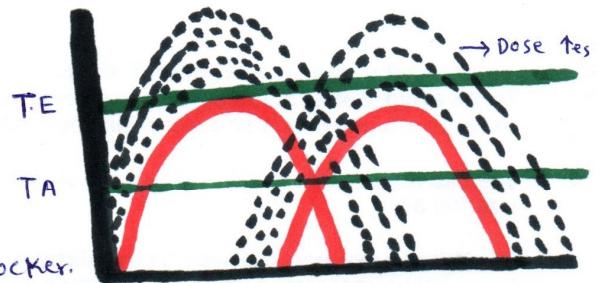
one way to manage such patients is to give:

① Neuroprotective drug

② Increase total dose of drug

③ Give drug with little time duration

① By increasing dose, Action ↑es, but level of dose above Toxic effect, cause dyskinesia.



② Give them Direct dopamin receptor blocker.

③ Give antidestructive drugs.

So all other drugs rather than Lero-dopa is given to solve the problem of ON-OFF phenomena, to decrease the ON-OFF phenomena, we further decrease L-dopa.

* Lero-dopa may appears in body secretions e.g. saliva, sweat, Anal secretions, Urine & turn all of them brownish colour.

Sometime we give drug holidays to these patients.

i.e. we does not give them drug for few days, but this is a risky mechanism

Nowadays in most of cases we don't use drug holidays

Because when we give drug holiday to a patient with levodopa we think that all associated problems will be corrected. But such patient die b/c if Patient have severe parkinsonism he have hypokinesia, he cannot swallow & have no saliva & may develop bronchopneumonia such patient may die of Bronchopneumonia or such patient die due to hypokinesia produce stasis in vein & develop thromboembolism so such patient may die b/c of these problems, or this patient come with severe hypokinesia and depression, so if we give holiday to these patient, the patient will expire.

* Make sure someone is always with patient to care him.

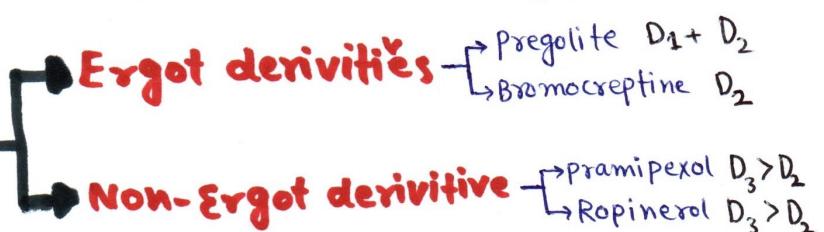
Contraindication of Levo-dopa

- ① in patient with psychosis
- ② Narrow angle glaucoma
- ③ Severe cardiac diseases, (Especially Tachyarrhythmias)
- ④ Peptic Ulcer
- ⑤ Malignant Melanoma.

Dopamine Receptor agonist:

- (1) They have some advantages over Levo-Dopa.
i.e.: they directly stimulate receptor and does not need conversion from precursors.
- (2) does not need functional dopaminergic terminals.
Now these drugs are superior to Levo-dopa.

Dopamine receptor Agonists



- * These drugs are given to patient who have "END of DOSE Akinesia"
- * These drugs are successful in patient who have ON-OFF-phenomena
- * These drugs are even effective in patient who are resistant to Levo-dopa.
- * These drugs are also used along with Levo-dopa.
- * These drugs have longer half life.
- * Now a days these drugs are used as a 1st line.

16

* Pramipexol is proven to be Neuroprotective.

- They believe this drug and its metabolite have some Antioxidant activity, so due to this Antioxidant activity when these drug act on nigrostriatal pathway, it decrease further loss of neuron to some extent.

Side effects

Some of side effects Related to Ergot, & Some are not related to Ergot, Most of side effects are due to increased Dopamine.

Dopamine Specific side effects

GIT

Anorexia
Vomiting
Nausea

B-Ganglia

Dyskinesia

Limbic system

psychiatric effects

cvs

Tachyarrhythmia
hypotension

special side effects related to Ergot:

- ① pulmonary infiltration
- ② Digital (Fingers) vasospasticity and Gangrene.^{→ hand}
- ③ Erythromyalgia (in this disease feet turn red, tender, swollen and painful).
- ④ If we stop the drug, Erythromyalgia disappear within few days.

Non-Ergot drugs produce No Ergot specific side effects, so these drugs are more used.

But these drugs produce all side effects which are due to increased dopamine activity.

Non-ergot specific side effects:

Sometime they produce attack of ~~████████~~ irresistible sleep. (which is hazard for patients using heavy machinery).

MAO-B Inhibitor:

Selegiline:

- Reduces dopamine destruction → more dopamine
- Stores → ↑es dopamine supply to nigrostriatal pathway → decrease parkinson's related symptoms.
- * It is also a neuroprotective, so decrease further loss of neurons.

- ⇒ * Selegiline should not be given to patient which are already on SSRI (Selective Serotonin Reuptake Inhibitor)
- ⇒ * Selegiline should not be combined with Non-selective MAO inhibitor.

Rasagiline: is more potent than selegiline.

Side effects of selegiline:

- * Same as due to increased Dopamine.

COMT-INHIBITOR:

Tolcapone, Entacapone



By giving these drugs we have the following advantages.

- ① They don't allow Levo-dopa → 3-O-MD, so more Levo-dopa reaches to CNS.
- ② By decreasing 3-O-MD, they decrease competitor of Levo-Dopa in BBB.
- ③ Decrease destruction of Dopamine → ↑es work of dopamine.

(18)

side effects of COMT-inhibitors

all those side effects, which occur due to ↑es Levo-dopa,
so ↑es Levo-dopa Toxicity.

special side effects

To L-Capone cause → Liver Toxicity.

Apomorphine:

This is a powerful stimulator of dopamine receptor.
It is injected subcutaneously and start action within 10min → 2hr.

If a patient with parkinson's become immobilize & frozen in OFF stage, than Apomorphine injection have powerful action.

It produce very severe nausea.

Amantadine:

* This drug is an antiviral drug used for H.influenza.
It increase synthesis, increase the release & decrease the reuptake of Dopamine.

Recently it was also discovered that this drug stimulate glutaminergic receptors.

ie stimulate thalamocortical pathway and slightly increase the activity in parkinson's patients.

* It works only for few weeks.

side effects:

same as ↑ed Dopamine.

specific side effects:

Levido Reticularis → skin lesion, specially red lines on skin.
if drug is discontinue, symptoms also disappears.

* These drugs may produce edema, which is treated by diuretics.

ANTI cholinergic Drugs:

- Benztrapin
- Biperidine
- Orphandine
- Procyclindins
- Tri-hexy-phenidyl

These drugs goes to CNS act on nigrostriatal pathway and decrease Acetylcholine activity.

side effects

- ① As cholinergic receptor are present throughout cerebral cortex, when these receptors are blocked patient develops:
 - Confusion
 - Forgetfulnessie it cause undue suppression of CNS.
- ② act on CVS → Cardiac arrhythmia
- ③ act on GIT cause:
 - Constipation
- ④ when act on urinary bladder cause
 - Urinary retention.
- ⑤ cycloplegia 
- ⑥ Dry Mouth.

surgical procedures:

- (1) Thalamotomy
- (2) Pallidotomy
- (3) Thalamic stimulation

(4) Transplantation of dopaminergic cells: cells taken from fetus (dead) & put them in parkinson's patient, it work for few months.

20

In California large number of patients came with Parkinson's, they are found to be addicts which contain MPTP (a toxic substance) & this is converted by MAO-B to MPP⁺.



MPTP enter into Pars Compacta and converted by MAO-B into MPP⁺

There are some inherited problems also

- * These toxic substances destroy substantia nigra.
If we give substance, which protect substantia nigra neurons, this will be a big achievement.

What happens to substantia nigra neurons when they are destroyed?

They undergo process of destruction & loss of dopamine, one of product of Dopamine is Melanine, which produce black colour in substantia nigra, so substantia nigra loses black colour, they develop some intermediate filament; these are called "Lewy bodies"

After this research now Drs give drugs which are:

(1) Neuroprotective

(2) Antiglutamatergic

(3) antioxidant

(4) Glial tissue derived substances

Glutamine → open Ca²⁺ channels → neurons overloaded with Ca²⁺ → this high concentration of Ca²⁺ kills the neurons.

Management of Movement disorders other than Parkinson's disease

Tremor: Rhythmic oscillatory movement around the joint.

* Physiological Postural Tremor: ($\beta_2 R$)

They are present normally, & Enhanced by:

- Thyrotoxicosis
 - Anxiety
 - Fatigue
 - Intravenous catechol injection
 - Bronchodilator drugs (β_2 stimulators)
 - TCA (Tricyclic Antidepressant) they do not allow nerve ending to reuptake the neurotransmitter
 - Cocaine also blocks the reuptake mechanism
 - Lithium drugs

These physiological tremor are initiated by (β_2 Receptor)

Rx → Propranolol (β_1 , β_2 blocker)

* Essential tremor (initiated by B, A.R.)

$R_x \Rightarrow$ Metoprolol (β_1 blocker)

contraindication of Propranolol \Rightarrow

Essential tremor are reduced to some degree by

- Alcohol Transiently → but Mechanism unknown.
 - Anti Epileptic drugs also less essential tremor.
e.g * Primidone
* Topiramate

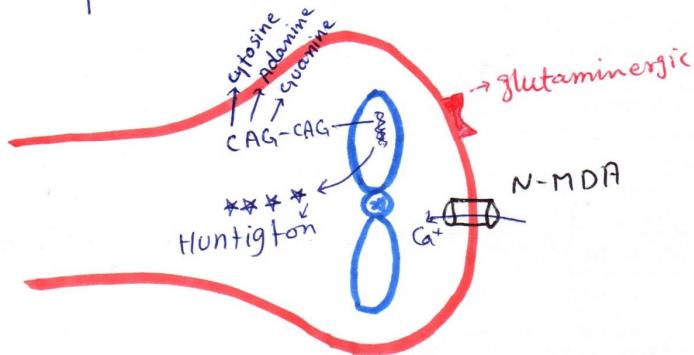
Drugs which stimulate GABA Neurons are:

* Alprazolam

HUNTINGTON'S DISEASE

it is an autosomal dominant disorder, have its defective gene on chromosome 4, which are Trinucleotide repeats.

Parkinson disease
• ↓ Dopaminergic activity
• ↑ Ach activity



This protein is present in Gabaergic & glutaminergic neuron. glutaminergic Receptor are also called N-MDA (Huntington protein stimulate this receptor) (N-Methyl-D-Apartate)

when such neurons are stimulated by glutamine cell are overloaded with cat. high concentration of cat are toxic for neurons, & increase enzymes (protease, Nuclease, phosphatase, phospholipase) level, which cause Apoptosis (Excitotoxicity)



to treat such patients we need to either ↓es Dopamin or ↑es Acetylcholine & glutamine

upto now there is no any drug which ↑Ach & glutamine, so treatment of these patient is to ↓es dopaminergic activity.

These Patients develop:

- chorea
- Dementia

Touretts syndrome

- * Chronic Multiple Motor & vocal tics of early onset (childhood, or Adolescent)
- * It is due to increased dopaminergic activity

Rx → Haloperidol, pimozide
→ Thalamic stimulation

Restless legs syndrome.

Creeping, smear discomfort in legs & Patient is compelled to move about his legs.

In this syndrome:

- sleep of patient is disturbed, they may have somnolence at day time.

Causes May be:

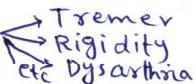
- Idiopathic
- Pregnancy
- Diabetic Neuropathy
- Iron deficiency Anemia

Rx Non Ergot Dopamine receptor agonist
e.g. → Ropinirole
• Diazepam

wilson's disease

This is an autosomal recessive disorder in which there is defect in Copper Metabolism.

- * Cu may be unduly accumulates in liver & produce **cirrhosis**.
- * Cu may accumulate in Basal ganglia, which produce

Abnormal movements 

- * Cu may unduly accumulate in eyes called "crisis fashion ring"

24

Rx of wilson

1) Penicillamine:

They through out cu of the body , but they have many side effects:

- e.g:
- Nausea
 - Vomiting
 - Glomerulonephritis
 - SLE
 - etc

2) Potassium Disulphide:

Bind in GIT with dietary cu, so cu is not absorbed & loss of copper in feces.

3) Zinc Acetate:

Taken orally bind with cu in GIT & loss of cu occur in feces.

DRUGS USED IN ALZHEIMERS DISEASE

This disease clinically present as dementia

De Mentia → a lot of mental functions are lost.

Dementia include:

- * loss of intellectual functions (Patient forget that even how to close the buttons)
- * loss of recent memory

It is a progressive disease:

senile plaque (of β amyloid protein)



Neurofibrillary
Tangles

loss of cholinergic neurons in
cerebral cortex specially in
"Nucleus basalis of substantia nigra"

it is usually a degenerative disease of CNS, in which cerebral cortex undergo degeneration and Atrophy.

- * Initially patient come with severe mental functions.
- * occur mostly in old age.

(25)

why neuro degeneration occurs?

Cause of neurodegeneration is Excitotoxicity

DRUGS

Excitotoxicity



Ca⁺ Toxicity cause degeneration of neurons.
ie Apoptosis

Rx: ME-MANTINE

side effects

- Confusion
- Agitation
- Restlessness

side effects:

Due to ↑es Ach in Perephry:

- In GIT
- Anorexia
 - Nausea
 - vomiting
 - GI Cramps

Ach is important neurotransmitter than drug.

↑Ach → activity on Muscle → Muscle cramps

Central Acetyl choline esterase inhibitor

① → Galantamine (competitive inhibitor of enzyme)

② → Donepezil

③ → Rivastigmine

Non-competitive of centrally Acetyl choline esterase.

④ → Tacrine

* Competitive inhibitor:

When these drugs ↑es, the inhibitor will displaced.

* Non competitive inhibitor:

Inspite of increasing drug inhibitor does not displaced.

Tacrine is used less b/c It is hepatotoxic

Side effects these drugs also inhibit peripheral Acetyl choline esterase to some extent.

Alzheimer's patients along with dementia have:

- Agnosia
- Apraxia
- Athesia] due to cortical dysfunction

pharmacologic Treatment just delay the lost of further neurons.

(26)

End of lecture
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