

# CHOLINERGIC DRUGS

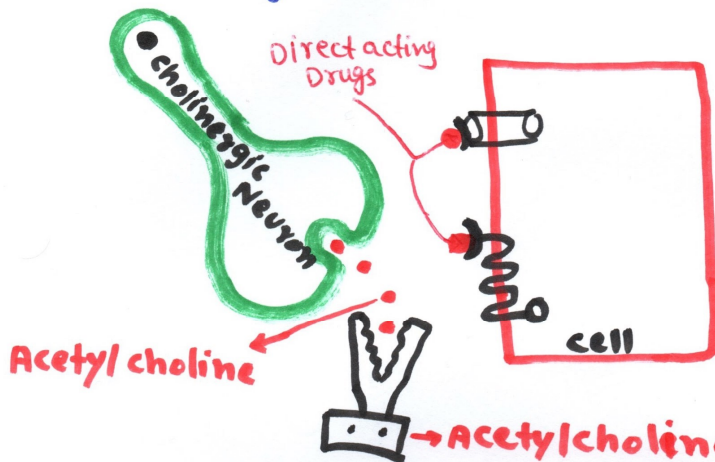
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## DIRECT Acting

These drugs directly acts on the receptor, b/c these are structurally & functionally same like Acetyl choline

## Indirect Acting

Basically these drugs inhibit the action of acetylcholinesterase or butylcholinesterase, so whatever Acetylcholine is released and not destroyed, & cause its action on receptor,



→ Acetylcholinesterase (destroy the Acetyl choline) present on both sympathetic & parasympathetic membrane (plasma have abundant of this enzyme)

## DIRECT ACTING Cholinergic Drugs

### MUSCARINIC

### NICOTINIC

(Detailed later)

#### Cholin Esters

- Acetyl choline (M+N)
- Methacoline (M)
- Carbachol (M+N)
- Bethenicol (M)

#### ALKALOIDS

- Muscarine (Mushroom)
- Pilocarpine

## ① ACETYLCHOLINE (M+N)

Usually not used pharmacologically because:

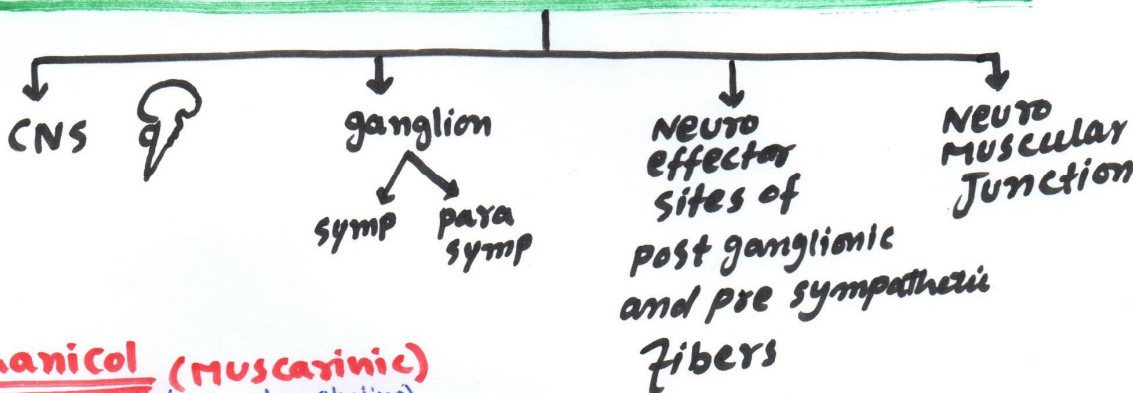
① it has shorter half life, & destroyed very soon by Butylcholinesterase, & Acetylcholinesterase.

\* it is destroyed in 5—30 seconds

② Acetylcholine have diffuse action on  $\left\{ \begin{array}{l} \text{Nicotinic as well on} \\ \text{Muscarinic receptor} \end{array} \right.$

③ Can't cross Biological membranes (such as BBB, GIT mucosal barrier, placental membrane)

## SITES OF CHOLINERGIC RECEPTORS



## ② Bethanicol (Muscarinic)

$\rightarrow$  (carbamate + choline)

Pnemonic: Beth activate Bowel & Bladder.

This drug is slowly destroyed by  $AEE$  <sup>Acetylcholinesterase</sup>, and Buterylcholine esterase. So, it have longer duration of action.

its half life is >60 minutes

\* This drug not acts on Nicotinic receptor

It has special action on GIT & bladder

\* This drug are used in hypofunctional bowel & bladder, But make sure, there not be any obstruction.

In case of hypofunction bladder (non obstructive urinary retention)

Such as:

- URINARY**  $\rightarrow$
- ① post operative urinary retention
  - ② postpartum urinary retention  $\rightarrow$  after child delivery
  - ③ hypotonic, myogenic & neurogenic bladder

} Instead of catheter we use these drugs b/c catheter cause infection.

- ① Atonic Stomach / Gastroparesis
- ② post operative Adynamic ileus (paralysis of GIT)
- ③ ileus due to any Toxic reasons.
- ④ Congenital megacolon.

(sometime ganglion are absent in short segment of colon, & this part become adynamic, & become enlarges)

### sideeffects of Bethenicol

all side effects produced by generalized cholinergic system  
Such as:

- ① Lacrimation
- ② sweating
- ③ salivation
- ④ Abdominal cramps
- ⑤ Miosis
- ⑥ Tightness of chest
- ⑦ Bradycardia
- ⑧ Urination
- ⑨ defecation ----- etc.

### Contra Indication of Bethenicol

① it is not used in peptic ulcer

② COPD

③ IHD (Ischemic heart disease)

④ Hypert thyroidism) in hyperthyroidism there is palpitation, these drugs also increase Atrial flutter.

⑤ Parkinson's disease → b/c in this disease Dopaminergic ganglions are destroyed, & there is ↑ cholinergic activity, by this drug the cholinergic activity increase more.



### ③ Carba col: (Carbonate + choline)

It has Muscarinic & some nicotinic action.

\* In these days this drug is not used, systemically b/c it activate ganglion and than inhibit them.

reason it stimulate the CVS & than inhibit it, & stimulate GIT & than inhibit it.

\* it is only used in Miosis ] + Intra ocular pressure in glaucema.

So, this drug is used when. pilocarpin not work.

#### ④ METHACHOLINE (M)

This drug is not used systemically.  
\* It is used in patient with hyper reaction bronchial system.  
i.e. \* any irritation of bronchial tree will cause spontaneously to check asthma, we give very little inhalation of methacholine.  
For e.g: to check respiratory function.

#### ⑤ Pilocarpine (M) it is tertiary amine

It is not destroyed easily by Acetylcholinesterase.  
It has a long duration of action.

##### **ophthalmic uses**

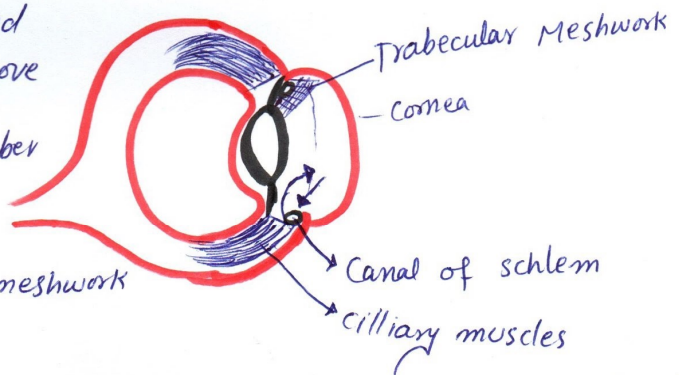
It is used in glaucoma topically: i.e. applied directly to cornea & absorbed.

↳ open angle  
↳ close/narrow angle

\* It acts on Muscarinic receptor of sphincter pupilli and muscarinic receptor on ciliary muscles, it reduce Intra ocular pressure.

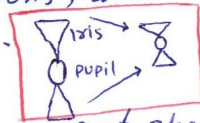
The angle present B/w Corneoscleral Junction.

aqueous humour produced by ciliary process and move toward the anterior chamber



This angle contain trabecular meshwork through which Aq. humor pass.

when ciliary muscles contract it will have pull the trabecular meshwork, & the trabecular meshwork opens, and aqueous humor flow through it & pressure goes down.



\* some people congenitally have small eyeball, or ant. chamber shallow, so they have relatively narrow angle. These people have one problem. i.e: when pupil dilate they develop glaucoma.

when pupil dilate root of iris is fit into corneoscleral ~~angle~~ Junction so, angle become narrow, & slower the drainage, so Intraocular pressure become high, so aq. humor accommodate in post. chamber & push the iris anteriorly, that further narrowing the angle

Red eye with high Intra ocular pressure is a sign of acute narrow angle glaucoma.

In this case we add Pilocarpine drops; It cause contraction of pupil & intense contraction will pull rest. of iris away from Cornea (ie: centrally) and angle become opened & drainage occur.

In case of open angle glaucoma, but there resistance present in meshwork. & when cilliaris contract it opens meshwork and facilitate the drainage.

But in case of close angle glaucoma there the angle is physiologically narrow.

**pilocarpine strongly stimulate secretions  
piles on sweat, tears and saliva**

\* **XEROSTOMIA** (dry mouth) due to irritation of head & neck.  
↳ In this condition we use pilocarpine spray/Tablets in mouth to ↑ salivation.

\* **XEROPHTHALMIA** (dry eye)  
↳ In this condition we use pilocarpin topically in eyes.

\* **Sjogren syndrome**  
This is an autoimmune disease more common in females, where lacrimal and sweat glands are destroyed, so Dry eye & dry mouth, to these patients given **pilocarpine** or another drug **CEVILINE** (↑ salivation & longer action) a muscarinic drug  
pilocarpine as an Alkaloid derived from plants, so stronger muscarinic  
**if someone have Mydriosis (dilated pupil) due to Atropine, this also correlated by pilocarpine.**

If there is adhesion b/w lens and iris we alternatively give pupilloconstrictive and pupillo dilators to break the adhesions, so pilocarpine is used with mydriated.



## cholinergic drugs

**DIRECT**

**Indirect Drugs**

**Reversible inhibitors of acetylcholinesterase (ACE)**

These drugs bind with enzyme and than detach after some min/hours

**Irreversible inhibitors of Acetylcholinesterase<sup>sc</sup>**

These drugs never let the enzyme free and the enzyme activity lost for many days, even new enzymes produced and may reverse the enzyme activity if patient survive.

## **A** REVERSIBLE Inhibitors OF ACE

### ① Physostigmines:

- \* It is an Alkaloid derived from plants,
- \* It is tertiary amine
- \* cross BBB, even cause toxicity in CNS
- \* easily absorb from GI mucosa
- \* acts on ganglions, B/c they're lipid soluble & cross fats.

Tertiary Amines	Quaternary Amines
* less polar	* More polar
* lipid soluble	* less lipid soluble
* Absorb from membranes easily	* less absorb from membranes

### ② Neostigmine

### ③ pyridostigmine

### ④ Endrophonium

These are quaternary Amines, and synthetic drug. So, can't cross BBB, & can't produce toxicity in CNS.

Physostigmine } have Carbonated group  
 Neo stigmine }  
 Pyridostigmine }  
 Endrophonium } have Alcohol group

## Endrophonium

Bind with ACE loosely, so easily detaches, & doesn't make strong covalent bond, so its duration of action is shorter (10-20 min)

## Neo/physo/pyridostigmin

They make covalent bond with ACE, but the bond are labile covalent bond (a bond which is eventually break)

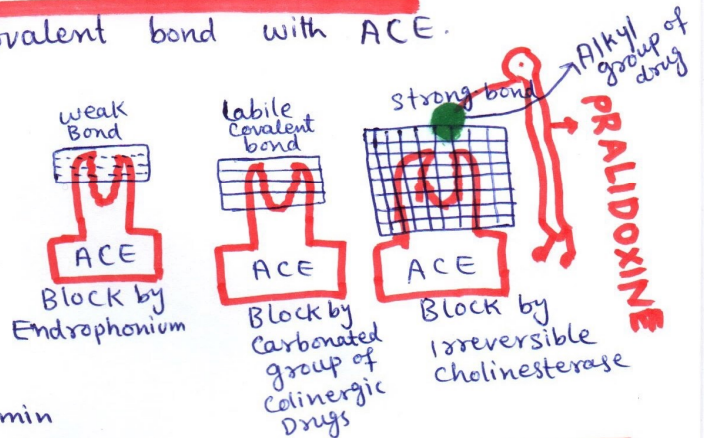
Its duration of action is longer than Endrophonium, (about 30 min - 2 hr)

## (B) Irreversible cholinesterases

these drugs make strong covalent bond with ACE.

i.e

- ① Isoflurophate
- ② Echothiophate
- ③ Malathione
- ④ Parathione



once the irreversible cholinergic drugs bind for 30-minutes, after 30 min the alkyl group detaches from the drug & it will be for long time, & never antidote work on it. & the drug never detach from ACE. \* within 30 minutes the Antidote work properly.

The Alkyl group are not removed after 30 min this process is called "Aging".

the antidote of irreversible cholinergic drugs are  
**PRALIDOXINE**

when there is high Acetyl choline it causes:

- ① if some of these drugs cross BBB & enter to CNS, they inhibit ACE and Acetylcholine store in the CNS, due to that cause convulsion (seizure)
- ② Acetylcholine accumulate at ganglia, & there is pathological stimulation of it.
- ③ Acetylcholine accumulate at neuroeffector site & there is strong stimulation of Muscarinic receptors.
- ④ If acetyl choline accumulate at neuromuscular junction they cause stimulation of nicotinic receptor & paralysis occur.

To solve this problem we give ATROPINE, which block the Muscarinic receptor.  
We also give Antidote (Pralidoxine) before Aging.

## Physostigmine

If physostigmine enter to CNS & cause

- ① CNS stimulation
- ② ganglion stimulation
- ③ Neuronal effector receptor stimulation
- ④ Neuromuscular stimulation.

## Uses of Physostigmin

- ① GIT
- ② Non-obstructive urinary retention.
- ③ Glaucoma

Sometime pilocarpine and physostigmine are used together.  
↓  
Cause direct stimulation                      Cause inhibition of ACE, so ↑ Acetylcholine

- ④ used in overdose of ATROPINE (ie: Atropin toxicity)
- ⑤ in Toxicity of PHENOTHIAZINE, the phenothiazine is a psychotic drug, this drug cause anticholinergic activity by blocking Muscarinic receptor, to restore muscarinic receptor action we give physostigmin

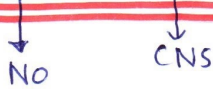
- ⑥ if someone taken high dose of Tricyclic antidepressant (TCA), we give physostigmine, which ↑ acetylcholine, & the acetylcholine start their action.

## side effects of Physostigmine

- ① CNS over stimulation and eventually convulsion
- ② paralysis (due to failure of transmission at neuromuscular junction)
- ③ Collaps of CVS.



# NEOSTIGMINE



- \* Neostigmine does not enter to CNS.
- \* As most of autonomic ganglion are embedded in fats, so neostigmine does not work on ganglion and post neuronal effector sites. B/c it is less lipid soluble.
- \* Neostigmine can directly stimulate Acetylcholine receptor at neuromuscular junction

## Myasthenia gravis

In this disease Autoantibodies are produced against nicotinic receptor, these antibodies + nicotinic receptor undergoes internalization, so number of receptor on surface is decreased:

Some Ab bind to ion-channel on surface, but not be activated, so no end plate potential is produced, & muscles become weak.

Neostigmine is used to treat this condition.

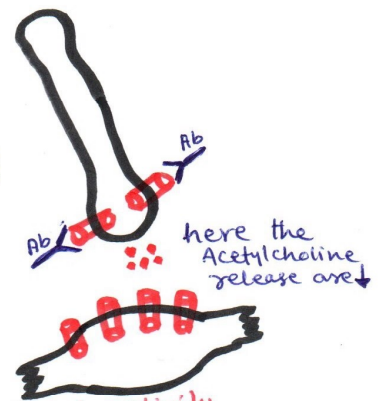


## Eaten Lambert syndrome

In this disease nicotinic receptor are normal But Ab. are produced against Ca<sup>2+</sup> channel, so No Ca<sup>2+</sup> channel release more Acetylcholine, & the muscle become weak.

in both myasthenia gravis & eaten Lambert syndrome muscles are weak, but the difference is that:

- \* In Myasthenia gravis muscles are initially ~~OK~~ OK, & by physical activity person feel tired.



in Eaton Lambert syndrome person initially are feeling weak, but by physical activity become active later.

\* in myasthenia graves the Ab are against Postsynaptic.  
in Eaton Lambert syndrome the Ab are against presynaptic.  
in these both diseases the Neostigmin inhibit ACE, so the the Acetylcholine (accumulate in EL syndrome presynaptic membrane, & activate the channel & releases), and in (M.g. disease the Acetylcholine amount  $\uparrow$  in junction & activate the channel.

if a person is exposed to TUBOCURARIN, which block the nicotinic receptor & muscle weakness occur, such person are exposed to Neostigmine the ACE are inhibited, so Acetylcholine concentration increase and acetylcholine competitively inhibit Tubocurarine & bind with receptor & the muscle are stimulated.

\* Neostigmin is strong Indirecting inhibitor but also a weak directly acting nicotenic receptor activator.

**Neostigmin stimulate bowel and bladder.**

\* if we stimulate neuromuscular junction Neostigmin is preferred over physostigmine.

### side effects of Neostigmine

Generalized increased of cholinergic system side effects of physostigmin are more dangerous b/c it produce cholinergic crisis in CNS.

### **Pyridostigmin + Ambenonium**

Here I wrote the P larger b/c  
Prolonged duration of action  
4-6 Hours

duration of action  
4-8 hr.

So therefore more used in Cholinergic myasthenia graves

Remaining is same like as Neostigmine.

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## Endrophonium (it is like phony person) b/c

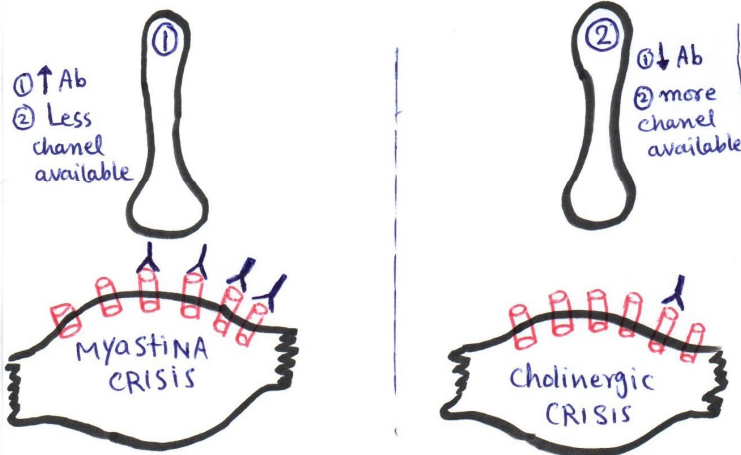
duration of action is 10-20 minutes.

\* There are some conditions in which Endrophonium are preferred over Pyridostigmin & Neostigmine.

To confirm myasthenia graves weakness we give short acting cholinergic drug (Endrophonium), if patient recovers from weakness after inj of Endrophonium, it indicates the patient is myasthenia graves.

### Tensilon Test

for example: we have two patients, <sup>of myasthenia graves</sup> on ~~inj~~ neostigmine treatment



the autoantibodies fluctuates either increased or decreased.

In patient No:1 we have more Ab, so prescribe dose of Neostigmin will not work, for such a patient we need to ↑ the dose.

in this patient of Myasthenia graves the disease is aggravated is called Myasthenia crisis.

But in patient No:2 auto Ab are less, so the prescribed ~~dose~~ amount of dose is now overloaded for such patients, so the Acetyl choline will stimulate the receptor and again muscle weakness occur. this patient are having cholinergic crisis.

### How we check myasthenia & cholinergic crisis?

\* we inject Endrophonium, if after inj person become active, he is having Myasthenia crisis.

\* if after inj person feel more weakness it is cholinergic crisis.

\* so Endrophonium tell us about initial myasthenia, & also differentiate B/w myasthenic/cholinergic crisis

## Alzheimers disease

there is deficiency of cholinergic system in CNS.

Mynert nucleus gives alot of cholinergic fibers stimulation.

In this disease this nucleus is degenerated and person loss cognitive function (to learn and remembare)

we use drugs which are having anticholinesterase activity so whatever remaining Acetylcholine, & perform its function.

ie ① Tacrine (produce strong hepatic toxicity)

② Donezepil

③ Revastigmine

④ Galantamine

These drugs does not reduce the progression of disease but give releaf from symptoms.

## cholinergic drugs Toxicity (crisis) (DUMBBELSS)

D

U

M

B

B

E

L

S

S

→ CNS &  
→ Muscles

End of cholinergic drugs  
By: Zakirullah Yousufzai